

Emergency Resources

MULTNOMAH COUNTY

Supplemental Nutrition Assistance Program (SNAP) formerly known as Food Stamp Program **(503) 491-1979**

912 NE Kelly Ave., Gresham, OR 97030 – bilingual

www.oregon.gov/DHS/assistance/foodstamps/foodstamps.shtml

Hours: 8:00 a.m.-5:00 p.m. Monday-Friday (Thursday open till 7:00 p.m.)

Human Solutions – 503-548-0200 or 503-405-7875

12350 SE Powell Blvd, Portland (as of 1/2012)

Serves homeless and low-income individuals/families; shelter, rent/utility assistance

Link Up America - (800) 848-4442

Provides phone services for those who qualify.

My Father's House - (503)492-3046

Year-round family shelter for 30 families. Call for availability.

My Sister's House - (503) 665-1026

Faith-based organization that provides short-term housing for women in need. Clothing available for women and children. Call for availability.

Oregon Lions Sight and Hearing Foundation - (503) 827-6952, (800) 635-4667

1410 SW Morrison, Suite 760, Portland, OR 97205

Provides eye exams and eyeglasses for students in need (application required).

Runaway Crisis Line - (800) RUN-AWAY (800-786-2929)

Salvation Army - (503) 661-8972

473 SE 194th, Portland (For residents east of 122nd).

Emergency food baskets, limited clothing vouchers and energy assistance during winter months

Shared Housing, through Ecumenical Ministries - (503) 225-9924

A referral and matching services bringing together those who need affordable housing with those who would like help with rent, household chores or personal care.

SNOW-CAP - (503) 674-8785

17805 SE Stark, Gresham, OR

Serving meals Monday through Friday, 10:00 am to 2:00 pm; Saturday 10:00 am to Noon.

Provides free emergency food and clothing (14 yrs. and under) to East County residents. Must provide picture ID and mail post dated within 30 days.

St. Vincent de Paul - (503) 235-8431

Emergency food, clothing, rent and utility assistance.

Sunshine Division - (503)823-2102

Provides emergency food for individuals and families.

William Temple House - (503) 226-3021 (Bilingual services)

2023 NW Hoyt Street Portland, OR

Provides emergency food, clothing, counseling & support groups. Pick-up application at site Monday through Thursday 9:00am to 7:00 pm. \$10 fee for therapy.