



# Barlow Athletic Information – Fall 2023

Sam Barlow High School recognizes the value of participation in athletics as an extension of the academic classroom and supports all students to become involved in sports. The information in this letter will hopefully help students to transition and become involved in a fall sport, especially since workouts begin prior to the start of classes.

## **Clearance**

To be eligible to participate in any practice or tryout, students must be cleared through the Athletic Office **before Monday, August 14** when practices for the 2023-2024 year begin. Clearance requires the following items to be completed:

- **Online Registration Form** including the **Athletic Emergency Information** and **Athletic Risk Warning & Travel Release Information** forms. By submitting these forms, parents and students acknowledge they have received, read and understand the Barlow Athletic Policy and the Barlow Athletic/Activity Drug and Alcohol Policy. *Please note: If updates to information that is submitted (i.e. address, contact phone numbers, insurance) is needed during the school year, the Athletic Department must be notified.*

The Online Registration Form link is available on our school website at <http://www.gresham.k12.or.us>. Click on the Athletics & Activities tab at the top.

- A current **physical**.

All students are required to have a current physical. Physicals are valid for two years. Physicals are **required** to be on the *OSAA Physical Examination Form* and completed by a medical provider. The form also has a questionnaire component for parents to fill in and sign. This form is available online at [www.osaa.org/governance/forms](http://www.osaa.org/governance/forms) or on the school website.

***Clearance must be completed during the week of August 7<sup>th</sup>-11<sup>th</sup> and prior to participating in practices beginning Monday, August 14<sup>th</sup>. The Athletic Office will re-open on Monday, August 7<sup>th</sup> for the 2023-2024 school year. Hours of availability are 8:00am-3:00pm. Clearance is not required to attend camps that are being held the week of August 7<sup>th</sup>.***

## **Academic Eligibility**

In order to be academically eligible for athletic participation, a student must have

1. passed 5 classes the previous semester,
2. be enrolled in at least five classes the current semester,
3. be passing at least five classes at 6wk & 12wk Progress Report periods,
4. and have accumulated the appropriate amount of credit at the beginning of each school year to meet the OSAA standards for being on track to graduate.

Since incoming Freshmen do not have a previous semester of high school, they are automatically academically eligible for the first semester of their freshman year (but still must be enrolled in the minimum five classes). If you are a new transfer to Barlow, you must meet these same requirements in addition to completion of the *OSAA Eligible Transfer Certificate*. This form is part of the registration process for transfer students. All transfer students who wish to participate must have a personal interview with the Athletic Director prior to participation. Call 503-258-4895 to make an appointment. This is the only way to ensure eligibility. Discovering ineligible athletes after contests have been held will seriously effect and jeopardize the entire team.

The OSAA has implemented an additional credit completion requirement to ensure that student athletes are on track to graduate. Basically, students passing at least 6 classes per semester will meet this minimum requirement. See the table below:

<b>Credits to Graduate:</b>	<b>24</b>
(70%) - Prior to Grade 10	4.5
(80%) - Prior to Grade 11	10
(90%) - Prior to Grade 12	17

If you are not a full-time enrolled student at Barlow, or you become enrolled in the MEWA, CAL, Springwater Trail, Home School or any other alternative school, you must meet with the Athletic Director to verify academic eligibility.

### Camps & Practice Times

<b>SPORT</b>	<b>LEVEL</b>	<b>TYPE</b>	<b>DATE</b>	<b>TIME</b>
<b>Cross Country</b>	9 <sup>th</sup> -12 <sup>th</sup>	Summer Training	June 19-August 11 Monday & Wednesday Friday	3:00pm-5:00pm 9:00am-11:00am
		CAMP (\$100)	August 7-11	9:00am-12:00pm
	9 <sup>th</sup> -12 <sup>th</sup>	Practice	August 14-18	3:30pm-5:30pm
<b>Football</b>	9 <sup>th</sup> -12 <sup>th</sup>	CAMP (FREE)	June 10	8:30am-3:30pm
	All Levels	Practice	August 14-18	6:00pm-9:00pm
<b>Girls Soccer</b>	8 <sup>th</sup> -12 <sup>th</sup>	CAMP (\$75)	August 7-10	8:30am-10:30am
	All Levels	Tryouts Practice	August 14, 15 & 16 August 17 & 18	8:30am-10:30am 8:30am-10:30am
<b>Boys Soccer</b>	8 <sup>th</sup> -12 <sup>th</sup>	CAMP (\$75)	August 7-10	10:30am-1:00pm
	All Levels	Tryouts / Practice	August 14-18	10:30am-1:00pm
<b>Volleyball</b>	9 <sup>th</sup> -12 <sup>th</sup>	Elite CAMP (\$60)	August 8-10	1:00pm-5:00pm
	All Levels	Tryouts	August 14, 15 & 16	9:00am-12:00pm
	All Levels	Practice	August 17 & 18	9:00am-12:00pm
<b>Water Polo</b>	9 <sup>th</sup> -12 <sup>th</sup>	Afternoon Practice	August 14, 16 & 18	TBD
	9 <sup>th</sup> -12 <sup>th</sup>	Evening Practice	August 14-18	7:00pm-9:00pm

Camp brochures are available online at <https://www.gresham.k12.or.us/sbhs>. The information can be found by clicking on the Athletics and Activities tab. Pre-registration for most camps is not required and can be done on the first day of the camp.

### CONTACT

Please contact Dan Dalzell (Athletic Director) at [dalzell@gresham.k12.or.us](mailto:dalzell@gresham.k12.or.us) if you have any questions.

Thank you and **GO BRUINS!**