



Barlow Athletic Information for Winter 2022-2023

Sam Barlow High School recognizes the value of participation in athletics as an extension of the academic classroom and supports all students to become involved in sports. This winter is filled with anticipation of the continued success and tradition that Barlow Athletics has become known for. The information presented here will hopefully help students transition and become involved in a winter sport.

Clearance

To be eligible to participate in any practice or tryout, all students must be cleared through the Athletic Office. The Online Registration Form and Physicals (*submit original copies to the Athletic Office*) are due **the week of Monday, November 7 – Friday, November 11**. Athletes that complete their clearance after this date may not be eligible to practice/tryout on Monday, November 14. Clearance requires the following items to be completed:

- A current **Online Registration Form** completed and submitted for the student. Submitting this form acknowledges that parents and students have received, read and understand the Barlow Athletic Policy and the Barlow Athletic/Activity Drug and Alcohol Policy.
- A current **physical**. Physicals are good for two years. Freshmen physicals must be dated after January 1 of the calendar year in which the student enters high school. Physicals are **required** to be on the official OSAA form. The form also has a questionnaire component for parents to fill in and sign.

It is also highly recommended that you contact the head coach prior to the first practice for additional information regarding team meetings, preparation for practices or parent meetings.

Athletic clearance forms and links are available at:

- [Sam Barlow website Athletics tab](#) or
- [Physical form at www.osaa.org](http://www.osaa.org) (also on the Barlow Athletics page) or
- Barlow High School – Athletic Office or Main Office

Academic Eligibility

Simply put, in order to be academically eligible for athletic participation, a student must have passed at least five classes the previous semester and be currently enrolled in at least five classes the current semester. Since incoming Freshmen do not have a previous semester of high school, they are automatically academically eligible for the first semester of their freshman year (but still must be enrolled in the minimum five classes). If you are a new transfer to Barlow, you must meet these same requirements in addition to completion of the *OSAA Eligible Transfer Certificate*. All transfer students who wish to participate must have a personal interview with the Athletic Director prior to participation. Call 503-258-4895 to make an appointment. This is the only way to insure eligibility. If you have any questions regarding eligibility, please contact the Athletic Director. Discovering ineligible athletes after contests have been held will seriously effect and jeopardize the entire team. In addition, the OSAA has implemented an additional credit completion requirement to insure that student athletes are on track to graduate. Basically, students passing at least 6 classes per semester will meet this minimum requirement. See the table below:

Credits to Graduate	24
(70%) - Prior to Grade 10	4.5
(80%) - Prior to Grade 11	10
(90%) - Prior to Grade 12	17

CALL

Please do not hesitate to call the Athletic Office at 503-258-4895 if you have any questions.

Thank you and **GO BRUINS!**

Dan Dalzell
Athletic Director
Sam Barlow High School