

2023 BARLOW GIRLS SOCCER SUMMER CAMP



✓ **AUGUST 7-10**

GIRLS SOCCER CAMP (GRADES 8-12)

TIMES: 8:30AM – 10:30AM

COST: \$75.00 (Cash, Check or Venmo: @Barlow-Soccer)

LOCATION: BARLOW HIGH SCHOOL – TURF FIELD

Contact the Barlow Athletic Office

503-258-4895

With any questions!

“The Barlow girls soccer camp will be focused on fitness conditioning and skill work relevant to the game of soccer. Training sessions will include speed and agility training, endurance training with emphasis on intervals emulating game play and improving overall foot skills important to game performance.

Training sessions will include various drills and small-sided games to encourage development of individual ball skills as well as team play and understanding of the game.

It is highly recommended that every girl planning on trying out for the program attend camp. In order to have a successful season and build a quality program, we need every player in peak physical condition before the beginning of training camp.”

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email Address: _____

Grade for 2023-2024: _____

Last school attended: _____

In case of emergency, please contact:

Name: _____

Home Phone: _____

Cell Phone: _____

Equipment to Bring:

- Water Bottle ●Soccer Ball ●Shin Guards
- Soccer Shoes ●Running Shoes

If sending check for payment:

Barlow Girls Soccer Camp
c/o Jay Jacobsen
Sam Barlow High School
5105 SE 302nd Avenue
Gresham, OR 97080

2023 Barlow Girls Soccer Summer Camp

Please read and sign before returning registration form:

In consideration of the acceptance of this entry, I for myself, my executors, and assignees, do hereby release and discharge Gresham-Barlow School District, all sponsors, agents and employees of any and all claims, demands or causes of action arising out of my child's participation in this Girls Soccer camp.

I attest and verify that I have full knowledge of the risks involved in this event, and my child is physically fit and sufficiently trained to participate in this event.

Parent Signature _____

Date _____