



Excellence in Equestrian Athletics

Oregon High School Equestrian Teams

The Oregon High School Equestrian Team competition and program supports, challenges, and offers recognition to the dedicated teenagers who both physically and mentally pursue the sport of equine competition. This program will help students develop lifetime skills, teamwork, and self-discipline.

The program was formed in 1993, in Southern Oregon. Now as a statewide program, it runs throughout high schools as a winter/spring sport with three main competitions, two of which the athlete must compete in to be eligible for the state championship competition. Those athletes who are eligible and qualify at their district may compete in a state championship meet with competition against all district winners.

Athletic or activity letters may be awarded to athletes meeting the lettering requirements.

Each athlete pays a participation fee to his/her district to cover the costs of competitions, hiring of officials, insurance, etc. All other costs of transportation, stalls, equipment, team shirts and lodging are the responsibility of each athlete. Teams are encouraged to hold fundraisers to offset expenses.

Students are encouraged to organize their school equestrian team at the beginning of the school year in order to obtain administrative approval, canvas their school for members, hold regular meetings, organize fundraisers, and design and order their team shirt, before competitions begin.

Participating Schools

Central Oregon District

Bend, Central Christian, Crook County, Culver, Dufur, Hermiston, Hood River, Lakeview, LaPine, Madras, Mitchell, Mountain View, North Lake, Pendleton, Redmond, Sherman County, Sisters, Sisters Academy, Summit, The Dalles - Wahtonka

North East District

Centennial, Clackamas, Corbett, Estacada, Gladstone, Gresham, Lincoln, Milwaukie, Reynolds, Rex Putnam, Sam Barlow, Sandy, Springwater Trail, Wilson

North Valley District

Amity, Canby, Dallas, Dayton, Fall City, McMinnville, Newberg, North Marion, Perrydale, Sherwood, Silverton, Woodburn, Willamina, Yamhill-Carlton

North West District

Aloha, Banks, Beaverton, Century, Forest Grove, Gaston, Glencoe, Hillsboro, Liberty, Rainier, Scappoose, Southridge, St. Helens, Valley Catholic, Vernonia, Westview

Southern Oregon District

Ashland, Bonanza, Crater, Eagle Point, Grants Pass, Henley, Hidden Valley, Illinois Valley, Klamath Union, North Medford, North Valley, Phoenix, Rogue River, South Medford, St Mary's High

South Valley District

Churchill, Coquille, Cottage Grove, Creswell, Crow, Elmira, Lowell, Mapleton, Marshfield, Mohawk, North Bend, North Eugene, Pleasant Hill, Reedsport, Roseburg, Sheldon, Siuslaw, South Eugene, Springfield, Thurston, Willamette

Tri River Valley District

Colton, Lake Oswego, Lakeridge, Molalla, Oregon City, Riverdale, Tigard, Tualatin, West Linn, Westside Christian, Wilsonville

Willamette District

Cascade, Corvallis, Crescent Valley, East Linn Christian, Harrisburg, Jefferson, Junction City, Lebanon, McNary, Monroe, Newport, North Salem, Philomath, Salem Academy, Santiam Christian, Scio, South Albany, South Salem, Sprague, Stayton, Sweet Home, West Albany, West Salem

Is your school listed? If no, contact the State Chair or State Vice Chair. If yes and you want to talk to someone, then contact the District Chair. Contact information is located in the back of this brochure.

**OHSET
Calendar of Events**

- Sept.**.....Begin Organizing School Teams
- Dec. 1**Practice begins after registration materials are turned in.
- 1st Sat. in Dec.**.....The Open Meeting
- District Competitions** Each OHSET District schedules dates & locations
- State Championships**.....in May of Each Year

To view district meets visit www.ohset.com

CLASSES OF COMPETITION

Listed below are the classes your district and school can compete:

Pattern Classes

- Dressage, Hunt Seat Equitation, Hunt Seat EQ Over Fences, In Hand Trail, Trail, Reining, Driving, Saddle Seat Equitation, Showmanship, Stock Seat Equitation and Working Rancher

Timed Classes

- Break-away Roping, Barrels, Keyhole, Figure 8, Pole Bending, Individual Flags, and Steer Daubing

Team Classes

- Team Penning, Drill, In Hand Obstacle Relay, Working Pairs, Canadian Flag Race, and Two Man Birangle

Get Information and Join

Students in grades 9-12 can contact a District Chair listed below or visit www.OHSET.com for online information on how to start a team or where to join

- Central Oregon** Pam Steinke
(541) 923-1311
psteinke@ohset.com
- North East** Chris Dinsmore
(503) 678-6595
cdinsmore@ohset.com
- North Valley** Don Pack
(503) 678-4207
dpack@ohset.com
- North West** Donna Espelien
(503) 543-2519
despelien@ohset.com
- Southern Oregon** Val Hackett
(541) 830-5510
vhackett@ohset.com
- South Valley** Dawn Keeney
(541) 914-9273
dkeeney@ohset.com
- Tri River Valley** Todd Gary
(503) 829-8506
tgary@ohset.com
- Willamette**.....Denise John
(541) 961-1345
djohn@ohset.com
- OHSET STATE CHAIR**..... Candi Bothum
(541) 419-6350
cbothum@ohset.com
- OHSET STATE VICE CHAIR**..... Karissa Dishon
(541) 639-2802
kdishon@ohset.com



Over 1000 students enjoy participating in OHSET every year

ASK YOURSELF

Are you an Oregon High School Student?

Do you like to ride horses?

Would you like to have an equestrian team at your high school and earn your high school letter competing with your horse?

Want to do something more than just another horse show?

Want to qualify for OHSET Scholarships?

If you answered yes to any of the above, then consider OHSET! Read this brochure, check out the website www.OHSET.com or contact your areas district chair in this brochure.

Join OHSET and Strive for:
"Excellence in Equestrian Athletics"