

Make reading a priority for your family

It can be hard to fit “family reading time” into today’s hectic schedules. But the benefits for your child greatly outweigh the hassle. By making reading a family priority, you show your child that reading is very important—and also a fun activity.

To promote reading as a family:

- **Set aside family reading time each day.** Even 15 minutes a day is a great start.
- **Pick a regular time for reading.** This will make it easier to fit into your schedule. This demonstrates that reading time is too important to miss.
- **Decide how to spend the reading time.** You can read a book aloud as a family, or everyone can read silently to themselves.
- **Read books you like and enjoy.** Enthusiasm is contagious!



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- **Keep it interesting.** To prevent your reading routine from becoming stale, act out a play together. Or create a monthly reading challenge. Just keep reading!