



Accessing COVID-19 Testing

Step 1: Decide where to get tested

First Choice: Your primary care provider/doctor.

Second Choice: GoHealth Legacy. If insured, make an appointment for preferred access @ <https://www.gohealthuc.com/legacy/gresham-barlow-school-district> or **County School-Based Student Health Centers.**

Third Choice: If not insured or unsure of insurance coverage, ask your school health team to refer you to Legacy GoHealth.

Other Choices - Oregon Health Science University ([Schedule an appointment at the Expo Center](#)), [Multnomah County Health Department](#) also has sites for free testing. Learn more by going online or talking to your school health team. You may also use a home test kit.

The School Nurse determines the window for testing to end quarantine after 7 days (Test to Return).

Step 2: Testing - What to Expect

There are different kinds of COVID-19 tests. Some tests, including some molecular tests and PCR tests, involve a swab that goes in your nose quite far, so you may feel brief discomfort.

Other tests, including many rapid or antigen tests, involve a swab just inside your nostril. Some of these you will perform yourself and then give the swab back to the clinic staff. If your child is getting tested you may be asked to help hold them.

We encourage you to go first and show them it will be okay.

Step 3: Getting Test Results

Depending on what type of test you get, your results may take only 15 - 30 minutes, or up to a few days.

At Multnomah County testing sites, you will have your results in under 30 minutes. At other sites, you can call your provider or the location you were tested to ask for your test results.

If you have to wait a few days for your results, you should stay home and away from others during that time. This will help keep you from giving the virus to others if you have it.

Step 4: Get Back to School

Call your student's school and share test results as soon as you have it. The school nurse will determine when your student may return to school.

COVID-19 Testing Additional Resources

Who Should Get a COVID-19 Test?

When a person has any [symptoms of COVID-19](#).

OR

If a person has recently been in close contact with someone with COVID-19, whether or not they've been vaccinated. Close contact means being within 6 feet (or 3 feet if a masked student is in the classroom) of someone for 15 cumulative minutes or more over the course of a day, with or without a mask.

- If testing because of a close contact with someone who has COVID-19, it's best to get tested 5-7 days *after* you were together. The test may not work if you get tested too soon.
- You should stay home and away from others while you wait. [How long should you quarantine?](#)

Decide Where to Get a Test and Make an Appointment

There are **many places to get a COVID-19 test**.

- Pick the option that best fits you.
- In general your choices are between your usual healthcare provider and another clinic site that primarily does testing and/or urgent care.

First Choice:

If you **have a Doctor or other healthcare provider** that you usually see, call them first.

- If you think you might have COVID-19, be sure to call before you visit a clinic and let them know. They will tell you next steps so you don't get others sick at the facility.

Second Choice:

If you do not have a Doctor or other healthcare provider **AND you have health insurance?**

- You can schedule an appointment for COVID-19 Testing through Gresham-Barlow's Partnership with Legacy GoHealth by going to this website: [GoHealth & Gresham-Barlow Preferred Scheduling Partnership](#)
- You can also call the Health Department's [Primary Care Clinics](#) at 503-988-5558 to enroll as a new patient.

Third Choice:

If you do not have a Doctor or other healthcare provider **AND don't have health insurance?**

- You can schedule an appointment for COVID-19 Testing at Legacy GoHealth by contacting your school's Front Office.
- Staff will need to complete a Legacy GoHealth Referral Form for students referred to Legacy GoHealth.
- The reason for this step is that GBSD has a contract with Legacy GoHealth for COVID-19 testing of students who are unable to get testing any other way and who are uninsured.
 - Legacy GoHealth will: monitor referrals, call families, check insurance status, make appointments for testing, or refer if necessary, provide COVID-19 Test and results, share referral status with GBSD staff.

Other Choices: You can also **call the Health Department's Primary Care Clinics** at 503-988-5558 to enroll as a new patient. They can help you even if you don't have health insurance.

No-cost testing is also available **by appointment** at Multnomah County **Community Testing Sites**.

- You don't need to be a Multnomah County patient or have health insurance.
 - You can get tested regardless of your immigration status.
 - Multnomah County testing sites don't share your information with law enforcement or immigration officials.
- **At Multnomah County Community Testing Sites:**
 - Community sites use a rapid test that is most accurate within 7 days of the start of symptoms, or 5-7 days after being exposed to someone else.
 - Testing is done by self-collected nose swab.
 - Results will be given to you before you leave.
 - Testing occurs outdoors at Multnomah County community testing sites, and there may be closures due to weather conditions. Please call in advance to confirm the testing site is open.

Call 503-988-8939 for an appointment at any of these sites or for more information.

Locations & Hours

Mid County Community Testing @ IRCO

10301 NE Glisan St. Portland [[map](#)]

Fridays, 11:00 am - 1:30 pm

Rockwood Community Testing @ Latino Network

312 SE 165th Ave. Gresham [[map](#)]

Saturdays, 9 am - 11 am

Download a [Community Testing Flyer](#)»

[Find the flyer in multiple languages](#)»

OHSU (Oregon Health Science University) also operates community testing sites

OHSU offers testing for all community members ages 2 months and older - with or without symptoms:

- Expo Center, 2060 N. Marine Drive. Hours are Monday to Wednesday, 7:30 am - 7:30 pm, and Thursday to Friday, 7:30 am. - 5 pm. [Schedule an appointment at the Expo Center](#)
- For other testing options at OHSU, [visit the OHSU website](#) or call 833-647-8222

Other Testing Locations

[COVID-19 test site finder](#)

This site finder, created by the Oregon Health Authority, lists locations including hospitals, state and county testing sites, private companies doing testing, and more.

Some of these sites will only accept patients within their hospital systems or with certain insurance.

At-home self-tests

At-home self-tests can be purchased online or at many local pharmacies, drug stores, or grocery stores. For the most accurate results, you should test 5-7 days after COVID-19 exposure or within the first few days after feeling sick or have symptoms. [Read more about self-tests.](#)

More Information

[COVID-19 Testing Basics - Oregon Health Authority](#)

[When You Can Be Around Others After Having COVID-19 - CDC](#)

If you don't have a doctor or other healthcare provider and want to find one, call 211 for help finding a clinic. They can help you even if you don't have health insurance.

[Self-testing - COVID-19 \(CDC\)](#)

[The latest about COVID-19 testing \(OHA Blog\)](#)

[At home COVID-19 tests \(King County\)](#)

**Need Help? If you have any problems getting tested,
contact your child's school.**