



Thunderbird Take Home - 1/8/2021

Gordon Russell Middle School Phone: 503-667-6900

Office Phone Hours: 8:00 - 4:00 Web Address: <http://russell.gresham.k12.or.us>

 <https://twitter.com/GRMSTBirds>  <https://www.instagram.com/gordonrussellthunderbirds>

 <https://www.facebook.com/GordonRussellMiddleSchool/>

Wednesday	January 13, 2021	IReady Reading & Math - 45 Minutes or Until Lesson is Passed
Monday	January 18, 2021	No School - MLK Day
Wednesday	January 20, 2021	IReady Reading & Math - 45 Minutes or Until Lesson is Passed

SUPPORT

As recent news events remind us, we are in very challenging times. It seems our foundation is being rattled on a daily basis. I want to remind you that we are here to support our students. We feel it is important to keep the learning environment as consistent as possible, and also want to make space for students to process their responses.

Counselors are available to meet with students and make space for them to talk as a group or individually. Their emails are as follows:

Erika Dixon 8th Grade-
dixon20@gresham.k12.or.us

Tricia Bootzin 7th Grade-
bootzin@gresham.k12.or.us

Katie Ann Beam 6th Grade-
beam6@gresham.k12.or.us

Additionally, we are sharing some guidance for conversations at home. Suggestions include:

- Set aside specific time for check ins
- Respond in open terms; “I hear you”, “That’s an important point”, “Thank you for sharing your thoughts and feelings with me”
- Limit social media
- Limit news coverage
- Watch news together (if a child is interested or worried). Ask what they heard and learned, or what they are

concerned about. Then, help provide them with facts to address their questions.

- Do activities that reflect your values as a family to help counteract feelings of helplessness
- Keep to your routine
- Be kind and pass kindness along

I truly believe that our best days are ahead, we are all in this together.

HOLIDAY FOOD DRIVE 2020-2021

The GRMS food drive was a big success. We collected over 1500 that we delivered to GRMS families. This was a huge effort. A big thank you to Erika Dixon, Tricia Bootzin and Katie Ann Beam for making sure this event still happened this year. And yes I did my TikTok video for the students!

SUN PROGRAM

This Fall and early Winter the SUN program at Gordon Russell Middle School has connected with over 80 families to provide client assistance, delivered 15 Thanksgiving food baskets, contacted over 30 families to provide information on Christmas gift assistance programs. They also helped deliver 40 food boxes(along with school counselors) for the GRMS food drive. In January SUN will be offering virtual programming for all GRMS students, be on the lookout for more information, if you have questions, please feel free to contact Kenneryb@mfs.email .

BACK LIBRARY FOREST

It is with sad news that I report that many of our beloved Western Red Cedars behind the library have begun to die. We have consulted with a few arborists and they determined that they are suffering from a root fungus disease that is not treatable. Once the dying and dead trees are removed, we will begin planting native trees in the same area.

ATTENDANCE

Attendance is really important in our online classes. Please make every effort to have your students attend their daily classes. If your student is going to be absent make sure to call the main office number and excuse them 503-667-6900. Then have the students complete the work they missed from a class that day.

TECHNOLOGY PROBLEMS

Call the Family Tech Support phone number for any questions at 503-258-4733. If you leave a voicemail someone will call you back as soon as possible. We suggest calling during Tech's office hours from 7:30 am to 3:30 pm.

TECH TIP

*Is your Chromebook running slow, try this tip first.

Allow your Chromebook to completely shut off at the end of the school day. Our devices have updates that help our software and computer run smoothly. The updates will usually occur on their own when the computer turns off. Please note that closing the lid after use does NOT shut off the computer; therefore, it does not generate the update.

SCHOOL OFFICE PHONE HOURS

8:00 am - 4:00 pm School Days

The GRMS building is closed to the public. If you feel there is a need to come to the building, please contact the front office to schedule an appointment. For the safety of our staff, do not drop by the school without an appointment.

IMMUNIZATION INFORMATION

Immunizations are an important part of keeping our kids and community safe from certain diseases. That is why vaccines are required for school. Click here to see what immunizations are required for your child's grade. Fall is a great time to catch-up on vaccines and get your yearly flu shots. Students need to be up-to-date on vaccines or give the school documentation of an exemption by early January, so that your child is not at risk of being excluded from school.

[FAQ- Online Learning and Immunizations 2020 09 28.pdf](#)

PARENTVUE(Grade Checks/Attendance)

ParentVue is a tool with our student information system that will allow parents to access their student(s) ongoing progress and final grades, current attendance reports, and have the ability to update demographic data (i.e. address, phone, etc.). Parents or guardians should have an access code, but if you do not please call the main school office number at 503-667-6900 for an activation code.

The **GRMS website** is an online resource that includes information from both of our newsletters, as well as other school-related information.

<http://russell.gresham.k12.or.us>

GRMS is also on **Social Media**.

Twitter: <https://twitter.com/GRMSTBirds>

Instagram:

<https://www.instagram.com/gordonrussellthunderbirds>

Facebook:

<https://www.facebook.com/GordonRussellMiddleSchool/>

MEAL INFORMATION/FREE AND REDUCED LUNCH APPLICATIONS* (Please use link below)

<https://www.gresham.k12.or.us/domain/41>

****Applications must be completed every school year to maintain enrollment in the federal program.***

DIGITAL CITIZENSHIP

In a digital environment, it is important to remember ways to maximize the time spent online.

Tips for Being Successful

- Be Prepared (remember to charge devices at night and have class materials ready)
- Stay On Task (avoid distractions and give your full attention to the class)
- Be Visible
- Mute your microphone when starting a class meeting. Turn it on when needed.
- Use appropriate language when speaking
- Wear school appropriate clothing
- Academic Integrity-avoid plagiarism, copying, or turning in work that is not your own.
- Report any problems immediately to an adult

We support our students' right to free expression and the right to dress in a comfortable manner. It is critical to keep in mind that we are a public school and an academic setting.

Free Online Workshops for Teens and Parents



- ◆ **Alcohol/Cannabis and Youth** - health effects of alcohol and cannabis, laws, and advertisement tactics that can affect young people
- ◆ **Vaping and your Health** — Nicotine and Cannabis facts, trends, and interventions
- ◆ **Family Empowerment** — Teen brain development, connecting, and exploring values and goals together as a family



Weekly Online Workshop **Schedule:**

Tuesdays , 6-8pm

Please see reverse for details

To register for the workshop please call
Maritza Leon at 503-593-0014 or go to
nwfs.org/familyworkshops.html

Pre-registration required

Please call (503) 593-0014 or register at nwfs.org/familyworkshops.html

*This program is funded by Multnomah County Mental Health and Addiction Services and
SAMHSA SPF-PFS*



Grab-and-Go Meals

Monday to Friday from 11:00 am to 12:30 pm

Free & Reduced Meal Qualification:

Students whose families receive Basic Food Assistance, SNAP, TANF, or Medicaid automatically qualify for free and reduced meals. Nutrition Services gets daily reports from the state to ensure we are matching all family members in the household for approval. Nutrition Services staff will communicate with families regarding status changes and qualification by letter, email, and phone calls.



If you have any questions or need additional information, please contact the GBSD Nutrition Services Office at (503) 261-4590.

Feeding our Future, together we can make it happen!

Sheldon Moore,
Director of Nutrition Services



Free & Reduced Meal Applications:

Applications are required at the start of each school year to continue the free & reduced status from last year.

English Application:

<https://www.ode.state.or.us/apps/frlapp>

Spanish Application:

<https://www.ode.state.or.us/apps/FRLApp/?Length=2>

Applications can also be picked up at the Nutrition Services Office (1505 NW Eastman Pkwy, Gresham).

Applications MUST be completed by October 26, 2020. If a new application is not received by October 26, students will default to 'paid' status and will be required to pay full price for meals once the emergency feeding program ends in December.

ONLINE SCHOOL SCHEDULE 2020-2021

Horario Middle School	Mon/Tues/Thurs/Fri Student	Wednesday Student
Advisory 8:30-8:55 (25 min)	Advisory Live lessons & check-in	Advisory Live lessons & check-in
Period 1 9:00-9:50 (50 min)	Period 1 Live lessons & check-in (Approx. 30 min of live instruction, 20 min small groups and/or independent classwork)	45 minutes of iReady Math 45 minutes of iReady Reading
Period 2 9:55-10:45 (50 min)	Period 2 Live lessons & check-in (Approx. 30 min of live instruction, 20 min small groups and/or independent classwork)	
10:45-11:25 (40 min)	LUNCH	LUNCH
11:25-12:15 (50 min)	Extra time for classwork	Teacher office hours 12:40-1:10
Period 3 12:15-1:05 (50 min)	Period 3 Live lessons & check-in (Approx. 30 min of live instruction, 20 min small groups and/or independent classwork)	Time for assigned classwork
Period 4 1:10-2:00 (50 min)	Period 4 Live lessons & check-in (Approx. 30 min of live instruction, 20 min small groups and/or independent classwork)	
Period 5 2:05-2:55 (50 min)	Period 5 Live lessons & check-in (Approx. 30 min of live instruction, 20 min small groups and/or independent classwork)	



Free health coverage
offered by the state of Oregon

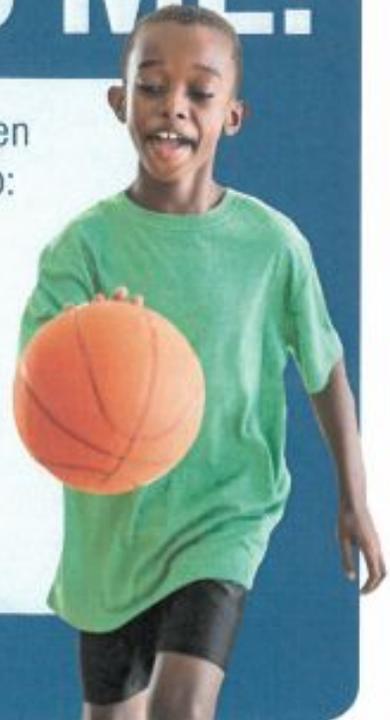
OHP COVERS ME!

The Oregon Health Plan (OHP) is open to **all** children and teens **regardless of immigration status** who:

- Are younger than 19.
- Meet income and other criteria.

OHP covers the health care services children and teens need to thrive:

check-ups • vaccinations • mental health care • glasses
tooth fillings • prescriptions • labs • x-rays • hospital care
rides to and from medical appointments • and more!



Apply today.

We are a trusted OHP-certified community partner who can help you apply. Our help is free.

Call us today
for more information.



Karla Rodriguez
Multnomah County
Community Health Worker
(503)746-1220 | karla@orlhc.org



You can get this document in other languages, large print, braille or a format you prefer. Contact the Community Partner Outreach Program at community.outreach@dhsosha.state.or.us. We accept all relay calls or you can dial 711.