



# WELCOME TO HIGHLAND SUN COMMUNITY SCHOOL!

**Please keep this page for your information. All other pages are due by Friday, May 31, 2019!**

**Summer Dates: July 22nd thru August 15th!**

**8:45am to 12:30pm.**

## SUN Community School Schedule:

8:45 am - 9:00 am Breakfast in cafeteria  
9:00 am - 10:00 am Activity #1  
10:05 am - 10:20 am Recess  
10:20am - 10:30am Transition to 2nd Activity  
10:30am - 11:25am Activity #2  
11:30am - 11:45am Lunch  
11:45am - 11:50am Transition to 3rd Activity  
11:50 am - 12:20pm Free time:  
Computer Lab/ Board games/ Gym Time  
12:20 - Lineup for dismissal  
12:30 - Buses leave home

Highland SUN Community School (SUN CS) is supported and run by El Programa Hispano Católico, it's a place where students find academic, arts enrichment, skill-building opportunities, and recreational activities at no cost. All Highland students are welcome and encouraged to participate in our activities through Highland SUN CS. We are excited about bringing new partnerships to our SUN Community School.

The team at Highland SUN Community School is looking forward to another great year of new opportunities and student success. Please don't hesitate to contact the Highland SUN office with your questions, ideas for student classes, or interest in volunteering with SUN. This is your Community School. Welcome!

## Important Dates:

May 31st, Forms are due  
June 10th, Confirmation letters are sent.  
July 22nd, Summer Session begins.  
August 15th, Summer Session ends.

In addition to our Extended Day activities, SUN Community Schools help families connect to local resources such as Case Management, ELL and GED Services, Rent and Energy Assistance, Housing, Food and Clothing pantries, Mental Health Services and much more! Please refer to [www.elprograma.org](http://www.elprograma.org) for more information about our community services.

## Community activities:

Free Food Market will be held every 2<sup>nd</sup> Wednesday of each month from 3:30pm - 5:30pm Check in table will be outside by school mailbox. Dates: June 12th, July 10th, August 14th, September 11th.

*EPHC SUN Community Schools support and empower students, families and communities by connecting them with diverse resources through culturally specific advocacy, high quality programming and leadership opportunities to achieve a holistic well-being.*

SUN Community School programs and services reflect the diversity of our community. We do not discriminate on the basis of religion, race, color, gender, national origin, sexual orientation, age, or disability. People with disabilities who require additional support should contact the SUN office.

## SUN Extended Day Coordinator:

Daniela Gonzalez Flores  
(541) 253-1955 SUN Cell  
Office: (503) 665-7158 ext. 2234  
Email: [gonzalez265@gresham.k12.or.us](mailto:gonzalez265@gresham.k12.or.us)

**Important:** Students must attend Monday through Thursday - no exceptions. If students have three unexcused absences (or two in the first two weeks), their spot in SUN & will be given to another student. Please ensure that your student is able to attend every day and please call the SUN office or cell if your child cannot attend as soon as possible.

## Betty Alarcon

SUN Site Manager  
Email: [garfias2@gresham.k12.or.us](mailto:garfias2@gresham.k12.or.us)

SUN Community Schools are a collaboration of Multnomah County, the City of Portland, and Centennial, David Douglas, Gresham-Barlow, Portland Public, Parkrose, and Reynolds school districts and non-profits.





## **USDA Nondiscrimination Statement**

**FREE SUMMER MEALS FOR ALL KIDS!**

**All kids eat free lunch!**

**Come to Highland SUN Community School from  
July 22-August 15th, Monday-Thursday from 12-12:30.**

**Lunch is free and open to all kids ages 1-18!**

A free meal is available from USDA Child Nutrition Programs for SUN participants Monday through Thursday from 11:00 am to 11:30 am in the Cafeteria and breakfast from 8:45 am to 9:00 am.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.



# SUN ACTIVITY GUIDE SUMMER 2019

**Registration forms due:** Friday, May 31st, 2019. Forms may be submitted to the SUN office or homeroom teacher.

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

TEACHER: \_\_\_\_\_ GRADE IN FALL: \_\_\_\_\_

**Transportation:** Check (✓) one choice

- Picked up between 12:15 pm -12:30 pm by a parent/guardian, or authorized adult (name): \_\_\_\_\_
- Ride the Activity Bus home, Address if riding BUS: \_\_\_\_\_
- Walk home

## **SUN Student Expectations:**

Sun students are expected to treat adults and students with respect and participate meaningfully in all activities. Any students who choose not to follow the rules will receive the following:

**Warning:** Students will receive a warning from their classroom teacher, as well as the opportunity to correct his or her behavior. The student will be expected to make a positive, constructive choice and will be supported in his/her efforts.

**Referral:** If a student does not correct his/her behavior, he/she will speak with the SUN Site Manager regarding his/her behavior. The SUN Site Manager will speak with the student, and will also contact the student's parent/guardian regarding the child's behavior. An outline for correcting future behaviors will be created as well.

**Removal:** If the student continues to misbehave and disrupt daily classroom activities, he/she will not be allowed to return to SUN. Extreme behaviors can and will result in immediate and permanent removal from SUN programming.

Please sign below you have read these expectations with your student and understand them.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

For Summer Session students will have to attend 4 days a week Monday - Thursday.

Each student will be enrolled in one academic activity and one enrichment activity, please check the activities your student is interested in. We will try our best to accommodate your student into one of their interested class.

NOTE: Referrals for academic activities are given first before enrichment classes.

## Activities and Descriptions:

**Reading, Monday - Thursday (1st -5th grade)**

Students will practice their reading skills, discover new adventures and stories as a group. They will practice their reading pace by using reading games in the computer lab.

**Math, Monday - Thursday (1st -5th grade)**

Students will practice their math skills by using iReady in the computer lab.

**Gardening, Monday - Thursday (3rd -5th grade)**

Learn about different plants, vegetables, and soils. We will be working on our schools front garden.

**Nutrition and Cooking (3<sup>rd</sup> – 5<sup>th</sup> Grade)**

Learn about healthy snacks and cook delicious healthy recipes.

**Art, (1st -5th grade)**

Participate in a variety of fun art projects! Improve your artistic abilities through drawing and painting.

**Thursdays Fun Day Activities, (1st -5th grade)**

Participate in a variety of fun Activities!

ZAP Team Visit - 1st Thursday, July 25th in the Gym

Water day - 2nd Thursday, August 1st (Outdoors)

Blue Lake Field Trip - 3rd Thursday, August 8th

Summer celebration BBQ- 4th Thursday, August 15th in Cafeteria.

**Soccer, (1st -5th grade)**

Learn new soccer skills and improve your game skills.

**Girl Scouts, (1st -5th grade)**

Students will explore project with Girl Scouts. Girl Scouts provides Leadership Experience to all who identify as girls.

**Permission for your Student to participate in Girl Scouts:** This program was design to build girls of courage and confidence. During this program the girls will get to lead their own adventure and work with other girls and their leaders to pick and choose the exciting, hands on activities they want to do. The idea is learn by doing, and at Girl Scouts they will do lots of that. ***The Girl Scouts Leadership experience focuses on: Building leadership skills & Science and technology, Life skills, Healthy living, Outdoor activities, and Arts.***

*Your daughter's participation in the after-school program will enable her to participate in other Girl Scout programs offered by GSOSW. As a participant, she is registered as a member of the Girl Scouts with membership until September 30, 2019. Check out our website <http://www.girlscoutsosw.org/> or call 503-977-6863 for more information. Email address:*

I give permission for my daughter to: Yes \_\_\_\_\_ or No \_\_\_\_\_

my daughter can participate in the Girl Scout Program.

Yes \_\_\_\_\_ or No \_\_\_\_\_ my daughter can be photographed or videotaped by Girl Scouts of Oregon and SW Washington for promotional purpose

