

Counseling Services Resources

Free Services/Sliding fee and/or Oregon Health Plan

Clackamas County Community Health - (503) 655-8401

www.co.clackamas.or.us

Call for intake and choice of location. Individual & family therapy. Support groups for parents, adolescents and families (bilingual services offered). Parenting classes. Clackamas County Residents Only. Sliding fee scale and Oregon Health Plan.

Hope Family Services - (503) 667-1435

<http://www.hopefamilyservices.org>

2710 SE 182nd Ave
Gresham, OR 97030

Specialty areas: psychological trauma, addictions (including eating disorders), relationships, conflict management, military issues, abuse, depression, loss, anxiety, adjustment and behavioral issues, adolescents and families. They take most insurance plans, sliding fee and scholarships.

Freedom Counseling Center – (503) 666-9171

www.freedomcounselingcenter.com

343 W Powell Blvd
Gresham OR 97030

Specialty areas: Abuse, Anxiety, depression, eating disorders, hypnotherapy, massage therapy, women's issues. Open evenings.

Lifeworks Northwest, Rockwood Location – (503) 761-5272

(503) 645-9010 (Initial intake phone number)

www.lifeworksnw.org

17214 SE Division St, Suite 2,
Portland, OR 97236

Child, youth, family and adult mental health counseling; Youth and adult alcohol and drug treatment; Prevention outreach; Older adult mental health assessment, consultation and counseling. Oregon Health Plan, private insurance, sliding scale, and self pay.

Morrison Center Intake – (503) 258-4381 (bilingual services offered)

www.morrisonkids.org

- ❖ **Gresham Office** (503) 258-4381, 2951 NW Division, Gresham, OR 97030
Youth (ages 1 through 18) & their families therapy. Support groups for adolescents.
Work with a wide range of issues. No Fee for those covered by Oregon Health Plan.
\$90 individual, \$45 group for non Oregon Health.

Mt. Hood Counseling Service – (503) 668-5494

36840 SE Industrial Way,
Sandy, OR 97055

Individual, family, couples, children & group therapy. Work with a wide range of issues. Day and evening appointments available. Most all insurance's and sliding fee scale.

*This is the best-known information available at the time of printing. No reference checks or criminal background checks on listed individuals or agencies have been carried out by the Gresham-Barlow School District. Parents are advised to make their own investigation of the listed individuals and agencies to determine the appropriateness of that person or agency in assisting the family. There is no representation as to the quality or expertise of the listed individuals or agencies. Updated 01/05/2012

William Temple House – (503) 226-3021

www.williamtemple.org

2023 NW Hoyt Street

Portland, OR 97206

(Application required). Provides professional counseling services to individuals and families in crisis. Fee \$10 a session.

Private Practice Therapists & Agencies
Insurance and Self Pay

Balance for Healthy Living – (503) 4076-9232

❖ **Tirzah Jacob, MA, LPC, CADC** - Professional therapy for individuals, couples, families and adolescents; certified in addiction services for individuals and families.

Catalyst Counseling – (503) 446-1244

<http://catalystcounseling.org>

406 NE 4th

Gresham, or 97030

❖ **Jami Stephens, MA, NCC, CT, LPC** - Specializes in grief and loss issues.

Columbia Counseling Associates - (503) 492-4492

1450 NE Village St

Fairview, OR 97024

Specialty areas: Individual and family counseling and various group therapies.

Corinthia Counseling Center – (503) 251-1952

3731 SE 164th Ave

Portland OR 97236

❖ **Dr. Kali Miller, Ph.D** - Specialty areas: Trauma including sexual abuse, adopted children, depression, anxiety and eating disorders.

Cornerstone Clinical Services, Eastside – (503) 786-1711

www.cornerstoneclinicalservices.com

6400 SE Lake Rd, Suite 325

Milwaukee, OR 97222

Christian practitioners with extensive clinical expertise serving adolescents with psychological and psychiatric care.

East County Family Therapists – (503) 665-HELP (4357)

1550 NW Eastman Parkway, Suite 280

Gresham, OR 97030

❖ **Alec Mendelson, Ph.D** - Specialty areas: Family issues, ADHD, learning problems, and depression.

❖ **Susan Deane, LCSW** - (503) 299-4942 Specialty areas: Sexual abuse, relationships, depression, grief and anxiety attacks.

❖ **Janet Thomson, LCSW** - Individual, Marital and Family therapist.

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Elizabeth Kirkhart, Ph.D – (971) 236-5154

1375 SW Blaine Court
Gresham, OR 97080

Specialty areas: Adolescents, depression, family issues, anxiety, dissociative disorders, domestic violence, eating disorders.

Main Street Counseling – (503) 669-1095

320 N Main St. Ste 216
Gresham, OR 97030

- ❖ **Carol Nightengale, PC, LCSW** - Individual, Family and group counseling.
- ❖ **Shirley Monroe, MA, LPC – (503) 860-5692** - Specialty area: Eating disorder assessments and treatment.

Northwest Counseling Services – (503) 661-7733

333 SE 223rd, Suite 204
Gresham, OR 97030

Provides individual & family therapy, medication management and school coordination.

- ❖ **Stephen M. Huggins, PsyD, PC**
- ❖ **Craig S. Montgomery, Ph.D, PC**

Mona Ozaki, Ph.D – (503) 318-3439

1550 NW Eastman Parkway, Suite 280
Gresham, OR 97030

Specialty areas: Child, Adolescent, and Family Therapy, early Kinder evaluations, Parental Consultation

Pacific Psychology Group – (503) 492-7470

320 N Main, #201
Gresham, OR 97030

- ❖ **Karen Swift-Ph.D**
- ❖ **Gregory Morse-Ph.D - (503) 666-6122**

Specialty areas: Adolescents, depression, anxiety, addictions, abuse, family problems, grief & loss, OCD, ADHD, trauma, PTSD, and Christian counseling available.

Renaissance Counseling – (503) 618-8041

www.greshamcounseling.com

123 E Powell BLD, Ste 302
Gresham, OR 97030

- ❖ **Charles R. O'Bannon, Ph.D**
- ❖ **DeAnne Warner, M.S.W.**

Individual, couple and Family Counseling, Adolescents and Adults. Treating depression, anxiety, abuse survivors, family issues, life transitions, risky behavior. Accepts insurance and offers a sliding scale.

River Ridge Counseling – (503) 668-5001

www.riverridgecounseling.com

- ❖ **Ben Poling** – Specializes in youth, adults and family counseling

Art Tolentino, Ph.D, LMFT – (503) 312-0184

3529 SW 24th Terrace

Gresham, OR 97080

Dr. Tolentino specializes in child and adolescent therapy, EAP, minority counseling, marriage and family counseling and he also speaks Tagalog which assists in treating Filipino clients.

Erica Weber, LCSW – (503) 939-0923

823 NE Broadway, Suite B

Portland, OR 97232

Specializes in teen girls

Western Psychological Counseling Center – (503) 666-8832

www.westernpsych.com

1700 NW Civic Drive, Suite 310

Gresham, OR 97030

Individual & family therapy. Work with a wide range of issues, medication management.

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