

5 Things You Must Know About Sunscreen

Summarize the main points in a few sentences from each chapter.

1. You can't always trust the claimed SPF
2. Your sunscreen may only be doing half of its job
3. "Natural" sunscreens don't work all that well
4. You can get sun protection at a low price
5. Sunscreen doesn't have to be sticky and stinky

*UVA's Vs. UVB's

*Cover up

*Slather it on

List two recommended sunscreens from each category (*Lotions, Sprays and Ultrahigh SPF's*). Include the price per ounce and tested SPF.