



Gresham High School

Career-Related Learning Experience

Student Name: _____

Student ID # _____

Graduation Year _____

Counselor Name _____

Date Completed _____

1. Check the Career Area of Interest that you have chosen to/intend to pursue.

_____ Arts and Communication

_____ Human Resources Services

_____ Business and Management

_____ Industrial and Engineering Systems

_____ Health Services

_____ Natural Resources

2. Check the type of CRLE that you are completing.

_____ Work-Related Learning (Internship, work experience, practicum and/or mentorship)

_____ Service Learning (Organized community service projects that meet and actual need.)

_____ Field-Based Investigation (Pursuit of solutions to real world problems.)

_____ School-Based Learning (Project-based learning, school businesses, newspaper/yearbook, student leadership activities.)

_____ Technology-Based Learning (Learn to apply technology to a project.)

3. Did you complete this CRLE to fulfill part of your Senior Challenge? _____

4. Who was your adult mentor/connection for your project?

Name: _____

Business/Organization Name: _____

Phone Number: _____

Address: _____

A. Summary comments by adult connection: *(Ask your mentor to write a few sentences about you and your experience)*

B. Mentor Signature: _____ Date: _____

5. What was the question or topic that you were trying to explore?

6. Write a brief description of your experience *(What did you do?)*

7. Write a brief description of your product *(What did you create, present, and/or produce?)*

Name: _____

8. Directions: Review the Career-Related Learning Standards listed below. Reflect on how each standard was present in your experience and complete the chart. If your Career-Related Learning Experience did not directly address a standard, reflect on how it might have applied to your CRLE.

Career Related Learning Standard	How did you apply these criteria in completing this Career-Related Learning Experience:
<p>Personal Management Exhibit appropriate work ethic and behaviors.</p> <ul style="list-style-type: none"> • Identify tasks that need to be done and initiate action to complete the tasks. • Plan, organize, and complete projects and assigned tasks on time, meeting agreed upon standards of quality. • Take responsibility for decisions and actions and anticipate consequences of decisions and actions. • Maintain regular attendance and be on time. • Maintain appropriate interactions with colleagues. 	
<p>Problem Solving Apply decision-making and problem-solving techniques.</p> <ul style="list-style-type: none"> • Identify problems and locate information that may lead to solutions. • Identify alternatives to solve problems. • Assess the consequences of the alternatives. • Select and explain a proposed solution and course of action. • Develop a plan to implement a selected course of action. 	
<p>Communication Demonstrate effective communication skills to give and receive information.</p> <ul style="list-style-type: none"> • Locate, process and convey information using traditional and technological tools. • Listen attentively and summarize key elements of verbal and non-verbal communication. • Give and receive feedback in a positive manner. • Read technical/instructional materials for information and apply to specific tasks. • Write instructions, technical reports, and business communications clearly and accurately. • Speak clearly, accurately, and in a manner appropriate for the intended audience when giving oral instructions, technical reports, and business communications. 	

8. (continued)

Career Related Learning Standard	How did you apply these criteria in completing this Career-Related Learning Experience:
<p>Teamwork Demonstrate effective teamwork.</p> <ul style="list-style-type: none"> • Identify different types of teams and roles within each type of team; describe why each role is important to effective teamwork. • Demonstrate skills that improve team effectiveness (e.g. negotiation, compromise, consensus building, conflict management, shared decision-making and goal-setting). 	
<p>Employment Foundations Demonstrate both academic knowledge and technical skills required for successful employment within a career area.</p> <ul style="list-style-type: none"> • Apply academic knowledge and technical skills in a career context. • Select, apply, and maintain tools and technologies appropriate for the workplace. • Identify parts of organizations and systems and how they fit together. • Describe how work moves through a system. • Describe the changing nature of work, workplaces, and work processes on individuals, organizations, and systems. • Demonstrate dress, appearance, and personal hygiene appropriate for the work environment and situation. • Explain and follow health and safety practices in the work environment. • Explain and follow regulatory requirements, security procedures, and ethical practices. 	
<p>Career Development Demonstrate career development skills in planning for post high school experiences.</p> <ul style="list-style-type: none"> • Assess personal characteristics related to educational and career goals. • Research and analyze career and educational information. • Develop and discuss a current plan designed to achieve personal, education, and career goals. • Monitor and evaluate educational and career goals. • Demonstrate job-seeking skills (e.g. writing resumes, completing applications and participating in interviews). 	

Name: _____

9. **Write a brief essay explaining what you learned about careers from this experience and how it has or has not had an impact on your career goals.** (*Tell what you personally learned from this experience about a career in this field and the career related learning standards. Are you still interested in pursuing a career in this field?*)

10. **Would you recommend this as an appropriate Career-Related Experience for another student who was interested in the same Career Area?** (*Was this a good experience for you? Why or Why not?*)