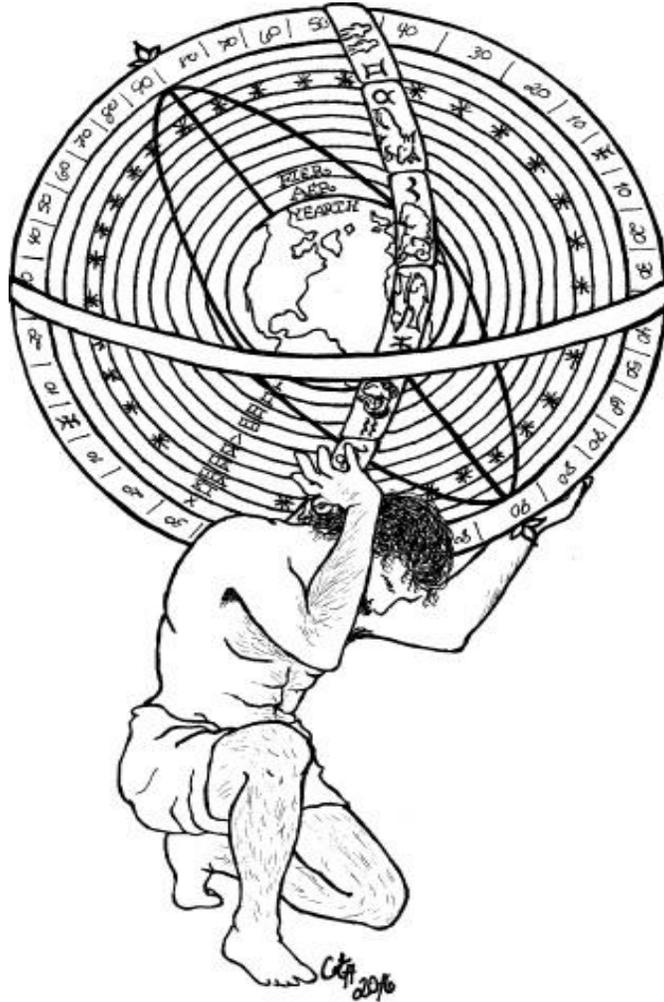


# Course Planning Guide 2021-2022

(Includes courses offered on rotation)



**Springwater Trail High School**

**1440 SE Fleming Avenue**

**Gresham, Oregon 97080**

**503.261.4600**

**<http://stweb.gresham.k12.or.us>**



*“Springwater Trail High School is a community of learning, hope and high expectations.”*

### **Springwater Trail High School Administration**

Ryan Blaszak, Principal

Ext. 4600

[blaszak@gresham.k12.or.us](mailto:blaszak@gresham.k12.or.us)

Koryna Herreid, Head Secretary

Ext. 4601

[herreid@gresham.k12.or.us](mailto:herreid@gresham.k12.or.us)

### **Springwater Trail High School Counseling Center**

Linda, Centurion, Counselor

Ext. 4611

[centurion@gresham.k12.or.us](mailto:centurion@gresham.k12.or.us)

**For additional staff contacts and information, please visit us online:**

**<http://stweb.gresham.k12.or.us>**

**Facebook: <http://www.facebook.com/SpringwaterTrail/>**

**Twitter: [http://twitter.com/STHS\\_Titans](http://twitter.com/STHS_Titans)**

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## **WE BELIEVE:**

### **Students thrive in a small, caring community.**

- The student/teacher relationship promotes the unique success of all students.
- Students receive more personal attention in a smaller environment when directed and supported by adults who know them well.
- Guidance and learning occurs best within a respectful and nurturing relationship.

### **Intellectual development is a key to academic success and personal fulfillment.**

- The focus is on helping students use their minds well.
- Encouraging academic and intellectual pursuits is the school's mission.
- The educational program focuses on critical thinking and knowledge acquisition.

### **The curriculum and instruction engages the talents and abilities of each student.**

- The program will provide avenues to empower students to make change.
- There are many ways to learn and demonstrate academic skills.
- The curriculum and instruction are responsive, flexible and creative.

### **Students demonstrate responsibility by contributing to their community.**

- The school will provide opportunities and support for volunteer service.
- Service to the community empowers students and generates positive changes for all.
- Students who contribute positively to the culture of their community develop connectedness and self-esteem.

### **Student commitment is essential to their own success and learning.**

- By actively engaging in the learning process.
- Through consistent attendance.
- Student success depends on the efforts of students, staff and families.

## High School Graduation Requirements

The district believes that all students will be provided a rigorous and relevant curriculum that will prepare them for success in college and the workforce in the 21<sup>st</sup> century. A diploma is awarded to a student who has satisfactorily completed a minimum of 24 credits as designated below.

### Minimum High School Graduation Credit Requirements

Subject	Units/ Credits
English/Language Arts	4.0
Social Science	3.0
Fine Arts, World Language, Career & Technology Education • Students must complete a minimum of .5 credits in a district prescribed technology course	2.0
Mathematics • 3 credits must be in Integrated 1 or higher. • Middle school students may earn high school math credit (as long as they receive an A or B) at the Integrated 1 level and higher when available at a district middle school. • Middle school Integrated 1 grades will be counted as part of the high school GPA.	3.0
Science	3.0
Personal Development (one semester each year of combined health and PE).	2.0
General Electives	7.0
Total Required Units/Credits • Graduates must also meet the requirements for Essential Skills, Portfolio, and Personalized Learning.	24.0

### Transition Plan and Profile Graduation Requirement

The world of work is rapidly changing - existing jobs have become more complex and new jobs demand increased levels of education and training. High school is an important part of a student's preparation for life and a time of transition to postsecondary education, careers, and adult responsibilities.

The required Career-Related Learning Standards (CRLS) are met when students complete a series of career activities throughout the four years of high school.

The required Career-Related Learning Experiences (CRLEs) are an extension of the CRLS the students work in their English and Computer App classes. The students will apply these learned skills in three relevant and rigorous CRLEs. The CRLEs are:

#### Freshman: Education Plan

- Work with the counselor and Computer Applications teacher to develop a 4-Year Plan to direct course selection and post-secondary goal setting.
- Using Career Information Systems (CIS) complete career interest & job inventories in Computer Apps.

#### Sophomores: Career Research Report

- Explore an occupation that interests you - use CIS (or other internet sites) to respond to questions.
- Understand the CRLs. Reflect on each standard.
- Explain what you have learned - Write an essay
- Complete a resume and a mock interview

**Juniors: Job Shadow Experience**

- In-depth career exploration - Job Shadow Experience (4 hours).
- Understand the Career Related Learning Standards. Reflect on each standard by completing a worksheet.
- Explain what you have learned. Write an essay.
- Give back. Send a thank-you letter.

**Seniors: Extended Application**

- Senior English students will have the opportunity to extend their learning in a post-secondary area of interest.
- Completing the Extended Application is a graduation requirement, and culminating element of the Personalized Learning requirements identified by the Oregon Department of Education.

## Pathway Programs



### **Get a Head Start with MHCC Middle College at Springwater Trail High School!**

#### ***What is Middle College?***

The MHCC Middle College program allows 11<sup>th</sup> & 12<sup>th</sup> grade high school students to take up to a full-time (12 credit) college course load at MHCC during Fall, Winter and Spring Terms to earn dual-credit towards their high school diploma and desired college certificate/degree. Through this program, students have the opportunity to get a significant head start on college and career exploration in a supportive, cohort-oriented environment while continuing to make progress towards the high school diploma requirements of their home high school. Middle College students earn dual-credit that is applied both to their home high school's transcript and their MHCC college transcript

#### ***Where does it take place?***

Currently, the Middle College program and all classes are held at the MHCC Gresham Campus. The students have access to the multitude of resources and opportunities that MHCC offers by attending classes on campus full-time.

#### ***What does it cost?***

The sponsoring school district pays for tuition, fees and books up to 12 credits or specified dollar amount (i.e. currently \$1450 per term plus a stipend for books for the 19-20 school year) as well as a service fee per student per year for specialized student support services. There are no costs to students unless they choose to enroll in more than 12 credits.

#### ***What are the steps?***

- Students Attending Gresham High & Sam Barlow High are referred by their high school counselors to the Springwater Trail counseling department.
- The school counselor contacts Linda Centurion, Springwater Trail High School counselor for a meeting with students and parents. 530-216-4611- [centurion@gresham.k12.or.us](mailto:centurion@gresham.k12.or.us)
- Complete an application to the program (obtained from Linda Centurion at Springwater )
- Apply for general admission to MHCC to create an ID number
- Take the College Placement Test on campus (or at your high school, if available)
- Meet the Middle College Advisor at MHCC

#### ***Contact information***

*Linda Centurion - Springwater Trail High School - phone 503-261-4611 - fax 503-261-4630*

[centurion@gresham.k12.or.us](mailto:centurion@gresham.k12.or.us)



### **Learn alongside students who are driven and interested...like you!**

To be successful, each CAL student has the determination to accomplish their goals, be willing to present new ideas, to contribute to a team, and to take responsibility for your own learning. Successful students represent all levels of learning. CAL students stand apart from their peers because of their tenacity and grit. CAL students get to work and make things happen!

### **CAL students build their resume *before* leaving high school!**

Opportunities to solve real, workplace problems are offered while working alongside experts in the industry of your choice. Internships and problem-solving meetings with company insiders associated with local news media, manufacturing giants like Boeing, small business entrepreneurs, and health clinics are tools to build your resume.

### **Want high school and college credits in *real time*?**

For two years in your chosen career program, half your day will be spent at CAL, and the other half of your day will be spent at your home high school. You remain connected to your athletic team(s) and friends at your school while gaining new friends and opportunities to network while at CAL. All classes at CAL satisfy elective and/or core classes for your diploma. CAL students receive on average more than 4,000 college credits in each year! That's a tuition savings of more than 450,000!

Academically, **CAL candidates are most successful when two years of Math, Science, and English are completed by the end of Sophomore year.** See your counseling department for more information regarding CAL's [one-week, FREE Academic Boot Camp credit recovery and other options for incoming CAL students!](#)

## How Do I Apply to CAL?



If you have decided that CAL is the right place for you, please follow each step of the application process in order to be considered for the program. Turn in all completed forms in to your Counseling Department. Questions? Email: [admissions@calcharter.org](mailto:admissions@calcharter.org)

For Students completing the online application: go to the [www.calcharter.org](http://www.calcharter.org). On the main page, there is an APPLY NOW link. Complete the Student Application Form including contact information and questions for you to answer.

For Students in need of a printed copy: Request a printed copy from the counseling department. Make sure all forms are completed (especially student information in the upper right corner of each page) before turning in your application to your Counseling Department. Complete the Student Application Form including contact information and questions for you to answer.

[www.calcharter.org](http://www.calcharter.org)

## **OPEN HOUSE at Center for Advanced Learning**

Third Thursday in February. Event begins at 6pm-7:30pm

## 2021-2022 CAL PROGRAMS & CLASSES\*

<b>CHANGElab – Entrepreneurs creating their own business!</b>			
In partnership with local business leaders and mentors, students will identify a problem and move it to solution by creating a real business during Year One. During Year Two, emphasis is placed on growth leadership with a focus on a social action project for the community.			
<u>Year One – (AM CAL Schedule)</u>		<u>Year Two (PM CAL Schedule)</u>	
Marketing – 1.0 credit Launch Pad – 1.0 credit Launch Lab I – 1.0 credit English – 1.0 credit		Investing 101.5 credit + CHANGElab II – .5 credit CHANGElab I – 1.0 credit Senior Studio– 1.0 credit English – 1.0 credit	
College credits available: 23 Lower Division Transfer Credits			
<b>Computer Information Systems - Gain valuable coding skills that lead directly to Tech Careers such as programming and cybersecurity. Students will learn the basics of different operating systems, networking, programming, scripting, security techniques, and ethical hacking. Students will compete in two cybersecurity competitions.</b>			
<u>Year One (PM CAL Schedule)</u>		<u>Year Two (AM CAL Schedule)</u>	
Cybersecurity I – 1.0 credit Programming I – 1.0 credit Web Programming – 1.0 credit English – 1.0 credit		Cybersecurity II – 1.0 credit Programming II – 1.0 credit Server Side Programming – 1.0 credit English – 1.0 credit	
College credits available: 11 CTE credits and 16 Lower Division Transfer Credits			
<b>Dental Sciences – Earn certification as Dental Assistant!</b>			
Learn basic patient care using dental equipment and charting, and obtain certification. Classes are aligned to college training programs for dental assistants, hygienists, lab technicians, general dentist, orthodontist, periodontist, oral surgeon.			
<u>Year One (AM or PM CAL Schedule)</u>		<u>Year Two (AM or PM CAL Schedule)</u>	
Medical Terminology – 1.0 credit Medical Biology – 1.0 credit Dental Applications & Practices I – 1.0 credit English – 1.0 credit		Anatomy & Physiology – 1.0 credit Dental Applications & Practices II – 1.0 credit Dental Radiology – 1.0 credit English – 1.0 credit	
College credits available: 6 CTE credits and 20 Lower Division Transfer Credits			
<b>Design2Fab Lab - Product Creation and Development for Athletic Apparel and Shoes!</b>			
In partnership with large, local Athletic Apparel companies, this new program will inspire students interested in designing athletic apparel for everyday wear and athletic performance gear. Learn to create and build new products using state-of-the-art equipment.			
<u>Year One (AM CAL Schedule)</u>		<u>Year Two (PM Schedule)</u>	
Design & Draw – 1.0 credit History of Form & Function in Clothing & Culture – 1.0 credit Basic "Maker" Techniques – 1.0 credit English – 1.0 credit		Product Innovation – 1.0 credit Design2Fab Lab – 1.0 credit Senior Studio – 1.0 credit English – 1.0 credit	
College credits available: 16 Lower Division Transfer Credits			
<b>Digital Media &amp; Design – Build a professional portfolio!</b>			
Learn to create and design graphics, photography, broadcast television/podcast shows using state of the art digital photo and film/video equipment. Work alongside experts in the creative services industry!			
<u>Year One (AM or PM CAL Schedule)</u>		<u>Year Two (AM or PM CAL Schedule)</u>	
Digital Photography/Imaging – 1.0 credit Web Development – 0.5 credit/Marketing – 0.5 credit Video Production – 1.0 credit English – 1.0 credit		Senior Studio – 1.0 credit Graphic Design – .5 credit & Advertising – .5 credit Digital Art I & II – 1.0 credit English – 1.0 credit	
College credits available: 5 CTE credits and 20 Lower Division Transfer Credits			
<b>Medical Sciences – Earn Medical Assistant credential and certifications for First Responders!</b>			
Learn basic patient care using medical equipment and charting, and obtain certification. Work within our community and in patient care facilities. Classes are aligned to college training programs for physicians, therapists, nurses, medical assistants, researchers.			
<u>Year One (AM or PM CAL Schedule)</u>		<u>Year Two (AM or PM CAL Schedule)</u>	
Medical Terminology I – 1.0 credit Medical Biology – 1.0 credit Applications & Practices in Health Care I – 1.0 credit English – 1.0 credit		Anatomy & Physiology – 1.0 credit Healthcare Experience – 1.0 credit Healthcare Innovation – 1.0 credit English – 1.0 credit	
College credits available: 6 CTE credits and 20 Lower Division Transfer Credits			
<b>Mechanical Engineering &amp; Manufacturing - Earn National Certification from National Institute of Metalworking Skills (NIMS).</b>			
In partnership with local experts, learn to design (CAD) and produce solutions to problems like an Engineer! Use of hand tools, measuring devices, welding, and milling metals. Program approved as Pre-Apprenticeship! Access earned hours at Cascade Corporation!			
<u>Year One (AM CAL Schedule)</u>		<u>Year Two (PM CAL Schedule)</u>	
Computer-Aided Design I (CAD) – 1.0 credit Manufacturing Lab I – 1.0 credit Introduction to Engineering – 1.0 credit English – 1.0 credit		Computer-Aided Design II CAD – 1.0 credit Manufacturing Lab II – 1.0 credit Senior Studio – 1.0 credit English – 1.0 credit	
College credits available: 5 CTE credits and 20 Lower Division Transfer Credits			
<b>CAL Morning Schedule</b>		<b>CAL Afternoon Schedule</b>	
A Day – Periods 1 & 2	B Day – Periods 5 & 6	Home High School Morning Schedule – Periods 1-3	
Home High School Afternoon Schedule – Periods 5-7		A Day – Periods 3 & 4	B Day – Periods 7 & 8

\*All classes are subject to change due to articulation agreements with MHCC and incoming enrollment.

## General Information

### Late Arrival/Early Release

Students who are on-track to graduate may forecast for Late Arrival or Early Release. Students must have their own transportation and may NOT be on campus during these periods unless they have a pass from a teacher.

Approval for Late Arrival/Early Release is based on the following criteria:

- Student must be of Junior or Senior standing
- Student should be enrolled in sufficient courses and on track for graduation
- Parent, counselor, and administrator must approve
- Student must NOT remain in the halls

Continued violations of these conditions, as well as behavior/attendance violations may result in revocation of the Late Arrival/Early Release privileges.

### Fees

Supply fees are charged in some classes (art, photography, etc.) when materials used are kept by the student. **In no case, however, should a fee prevent a student from taking a class he or she wishes.** Any student unable to pay a fee should see the counselor. Under circumstances where the fee is waived, projects used to teach the course content may be kept by the school. In these cases, projects required of the student may be limited in expense but still provide the student the same opportunity to learn as others in the class.

### Minimum Number of Courses

Unless special circumstances are arranged through an administrator, students must be registered for four courses and be on-track to graduate to be considered full-time students. In addition, any student participating in a co-curricular activity/OSAA Athletic Activity **MUST** be registered and passing five courses that earn credits. This is true for both the prior semester to participation, as well as the current semester the student is participating in that activity or athletic activity.

### Dropping Core Courses

Core classes are required for graduation and will only be administratively dropped due to attendance (21 or more absences) or significant academic progress concerns. Usually, administrative drops will not be eligible for credit recovery. Administrative drops will result in the course not being included on the transcript. Thus, the transcript will be credit deficient, and the student will need to retake the course (no credit recovery options).

### Add/Drop Elective Courses

All students who are going to add/drop an elective class must do so during the second week of a semester. Students cannot drop below the following minimum classes required to graduate. **Due to the fact that teachers will be hired and textbooks/supplies purchased based upon these forecasts, students may not be able to change classes at the beginning of a semester unless the change is needed due to academic misplacement or computer error.** After the deadline, all drops are with "F". Students may drop only an elective class, **not** a required class. Because of space limitations, it is often impossible to add a class that was not originally forecast.

### Pass/No Pass

Certain courses offer the student an option to receive a grade of "Pass" or "No Pass" instead of a letter grade.

- P/NP can only apply to an elective course
- Only one class per year for 1.0 credit can be a P/NP
- If a student decides during the semester he/she wants to choose this grading option, the end of the tenth week is the last time to request the pass/no pass grading option
- Pass/No Pass is not recommended for 4-year college-bound students

### Teacher Assistant/Office Aide

Students may only sign up to be a teacher assistant and/or office aide with the prior approval of the staff member who will directly supervise them. Staff can only have one TA per period, unless approved by administration. Other limitations are that a student may only be an assistant/aide one period per semester. Students must not have any major discipline referrals or attendance issues. Freshmen are not eligible for this course without prior approval from the counselor.

## Transcripts

Requests for transcripts are made in the office. Transcripts MUST be picked up by the student or parent. Transcripts will not be mailed to any organization. There is no fee for official transcripts. Please allow up to two business days for processing.

## Reconsideration of Materials and Alternative Assignments

The school recognizes that even though great care and consideration are given to the selection of materials for use at Springwater, there will be times when parents wish to express concern about school materials. If the concern focuses on a parent's desire for an alternative assignment, he/she may request such an assignment by contacting the teacher. If the request is denied, contact the administration.

## Attendance Commitment

Students who choose to attend Springwater do so making a commitment to attend on a regular basis and graduate from this campus. If the student fails to attend at least 80% of the time the school, after a review of individual needs, may take appropriate action up to and including dropping the student from Springwater.

## Summer School Options

Summer school classes are NOT offered for "first-time" credit, but only for students who have failed a class and meet the minimum attendance requirements. Information on summer school opportunities will be available in the spring. All classes must be approved in advance by your counselor. Please speak with the counselor prior to signing up for any credit retrieval program. Tuition will be charged and timely registration is advised due to limited enrollment.

Students who fail a content area class ( English, Math, Social Studies, Health) are required to take a credit recovery class outside of Springwater. Below are the most common credit recovery options: Mount Hood Community College, Portland State University Independent Study Program, Gresham High School Night ( during the school year) and Summer School, Barlow High School Summer School, Brigham Young University Independent Study.

## STAMP (STAndards-based Measurement of Proficiency)

Is a web-based test that is an option for high school students to earn academic credits for language proficiency. Students should be native English speakers or ESL students with high intermediate to advanced English.

Application with parent signature is required at the time of test. The following languages are available: Arabic, Chinese Simplified, Chinese Traditional, French, German, Italian, Japanese, Spanish.

Springwater Trail offers the test once a year. There is a fee of \$25.

Since students may demonstrate varied levels of proficiency across skills, credits will be awarded based on the lowest common level of proficiency demonstrated across the skill areas.

## 2020-2021 Daily Schedule

### Regular Daily Schedule

Breakfast 7:25am – 7:35 am

7:35am-8:25am	Period 1
8:30am – 9:20am	Period 2
9:25am – 10:15am	Period 3
10:20am – 11:10am	Period 4
11:15am – 11:45am	Lunch
11:50am –12:40pm	Period 5
12:45pm – 1:35pm	Period 6
1:40pm – 2:30pm	Period 7

### 1-Hour Late Arrival Schedule

Breakfast 8:25am – 8:35am

8:35am – 9:16am	Period 1
9:21am – 10:02am	Period 2
10:07am-10:48am	Period 3
10:53am-11:34am	Period 4
11:39am-12:12pm	Lunch
12:17pm-12:58pm	Period 5
1:03pm – 1:44pm	Period 6
1:49pm – 2:30pm	Period 7

## College Entrance Requirements for the Class of 2022

Below are the lists of core subject requirements that students must complete in order to earn a diploma from Springwater Trail as well as to meet the course requirements for entrance to the Oregon University System (OUS): University of Oregon, Oregon State University, Eastern Oregon University, Oregon Institute of Technology, Portland State University, Southern Oregon University, and Western Oregon University. Students who anticipate attending a four-year college or university after high school, whether private or public, must make course selections very carefully beginning freshman year.

STHS Graduation Requirements		OUS Minimum Admission Requirements	
Subject All courses must be passed with a D or above	Credits	Subject All courses must be passed with a grade of C or above	Credits
English	4.0	English	4.0
Social Science Three credits that must include one credit in each: US History, Government/Economics, and Global Perspectives	3.0	Social Science	3.0
Mathematics Must include Integrated I and above. An additional credit is highly recommended during senior year	3.0	Mathematics Minimum of Algebra II level completion (or higher) to meet the math requirement	3.0
Science Shall include a year each in two fields of college preparatory science such as biology, chemistry, physics, earth or physical science	3.0	Science Shall include one year each in two different fields of science	3.0
World Language (Foreign Language) (Students are strongly encouraged to take at least 1.0 credit of a World Language)	Not required	Second Language At least two years of the same Second Language	2.0
<b>Total Required Subject Credits</b>	<b>13</b>	<b>Total Required Subject Credits</b>	<b>15</b>
To be competitive, students are encouraged to take additional math, science, social science, and world language as electives beyond the required core credits.		Please see the OUS Viewbook for specific university information and requirements. <a href="https://www.ous.edu">https://www.ous.edu</a>	

## Other College Entrance Information

UO	OSU	PSU	SOU	WOU	EOU	OIT
3.0 Look at SAT/ACT and GPA Application essays required of all applicants	3.0 Look at SAT/ACT and GPA* Requires insight Resume	3.0 Look at SAT/ACT and GPA*	3.0 Look at SAT/ACT and GPA*	3.00 Look at SAT/ACT and GPA*	2.75 Look at SAT/ACT and GPA*	3.0 (2.5-2.99 additional review required) Look at SAT/ACT and GPA*

\*Students must earn at least a "C" in ALL core subjects. Additional campus review required if above GPA's are not met.

## Course Descriptions

### **ART**

Only three art classes from this list are offered each year on a rotating basis. Over the four years that a student is at STHS he/she will be able to take all of these classes if they wish. Students should refer to the forecast sheet each year for the specific art classes that are being offered for the following school year.

**All art classes have a semester fee of \$20.**

#### **3-D Media**

Length of Class: Semester

Prerequisite: None

Grade Level: 9,10,11,12

Students will learn the basics of making sculpture using a variety of techniques and materials, including found objects, paper, wire, metal and clay.

#### **Art Foundations (Art 1)**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

This course includes study and practice in two-dimensional and three-dimensional visual art forms. Students will experience the essentials of drawing, life drawing, design, color theory, three dimensional building techniques and the development of their creativity. Students will be encouraged to take risks by experimenting with a wide range of media and forms of artistic expression.

#### **Art Exploration**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

Are you fascinated with the arts and crafts from around the world? In this course, we will work with a wide variety of materials and techniques to create fine arts and folk arts, inspired by the study of the historical artistry of cultures throughout the world. We will be using materials such as clay, paint, cloth, paper and yarn.

#### **Calligraphy (Calligraphy & Book Design)**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

In this course students will be introduced to the practices of calligraphy, the related simplicity of Chinese and Japanese ink brush painting and watercolor techniques and the ancient art of illuminations. As a final project, students will create their own unique book, by blending calligraphy with their choice of ink brush painting, watercolor, and or illuminations.

#### **Design & Color (Basic Design 2:Color Theory)**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

Expand your creative mind, while learning to build brilliant color palettes and expressive designs. Explore new methods and approaches to working with printmaking, paper cutting, scratch art, markers, pencils and paint. From anime characters and sets, to fashion, interiors, comic and game creation, color and design are the very foundations to all art forms. In this course, students will explore color relationships and the principles of design while creating their own unique compositions. Perceptual Awareness and creative problem solving skills will be strengthened through practice with a variety of hands on activities and media.

## **Drawing**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

In this class students will learn foundational drawing techniques, with an emphasis placed on form, contour, line, proportion, and perspective. Students will experiment with a variety of drawing media to increase their observational skills, develop hand to eye coordination and nurture their expressive abilities. This class is designed for beginning artists to advanced students wishing to gain more drawing experience.

## **Fantasy Illustration (Cartooning)**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This course is an introduction to the art of fantasy illustration as an essential aspect of storytelling. Students will study and gain skill in creating and illustrating characters, creatures and sets. Art historical and contemporary fantasy illustrations will be studied and used as inspiration, including the popular Manga style.

## **Intro to Art**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This course introduces students to the Elements of Art and the Principles of Design. Students will learn about drawing, painting and sculpting skills, techniques and concepts by studying both historical and contemporary works of art. Students will have the opportunity to work with a variety of media, including pencil, ink, charcoal, pastel, watercolor, tempera, acrylics, clay, paper and found objects, while developing their individual creative voice and problem solving skills.

## **Painting (and Dyeing)**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This is a course to experiment with a variety of painting techniques and to develop skills needed for representational and abstract work. Students will learn how to see subject matter in terms of light, structure, and color. Basic color theory, composition and painting techniques are introduced, while working in watercolor, tempera and acrylic.

## **Printmaking**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This course delves into the history and various processes of printmaking including relief and intaglio. We will use various materials and approaches to making prints including building collagraphs and carving linoleum and wood blocks. Students will have the opportunity to explore additive techniques such as hand painting and collaging that will result in original mixed-media prints. The class will terminate in a print exchange where each student will have a class collection of prints.

## **Sculpture**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This course will teach basic sculptural techniques, including sculpting and handbuilding with clay and a variety of found objects, including natural and manmade. Glazing, staining and painting techniques will also be introduced. Projects will be assigned with an emphasis given to design and craftsmanship.

## **Sculpture 2**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This course builds upon prior knowledge with an emphasis on developing a greater understanding of art and the application of the Elements of Art and Principles of Design. Students will have the opportunity to develop an area of concentration or continue to experiment with a variety of sculptural mediums.

## **Studio Arts**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

In this course students will have the opportunity to choose one to three specializations and build a body original work that develops a specific theme, idea, or style of art by applying media techniques and skills with purpose and sensitivity.

## **Yoga, Art and Creativity (Mindfulness & Yoga)**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

In this course, students will approach the practice of gentle yoga as a doorway to greater depth in creativity and artistic skill. Students will explore a variety of art activities designed to calm and focus the mind, while opening the wellspring to creative self-expression and a deeper sense of peace and well-being.

## ***BUSINESS & COMPUTER EDUCATION***

### **Business Independent Study**

Length of Class: Semester  
Prerequisite: Teacher Approval  
Grade Level(s): 11,12

Interested students need to complete an application and interview.

### **Computer Applications 1**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

This class is for beginning computer users. The assignments are designed to acquaint the student with the vocabulary and operation of computers. A variety of current software is used that will include word processing, spreadsheet, drawing and presentation programs. Internet browsing, research and email will also be covered. Assessment will be based on completion of various assignments of increasing complexity in each area of the integrated programs, small projects, and tests.

### **Digital Photography 1**

Length of Class: Semester  
Prerequisite: None  
Fee: \$20  
Grade Level(s): 9,10,11,12

Students will learn basic camera techniques and functions, as well as more advanced composition skills. Students will also be introduced to the digital darkroom. Using Macintosh computers and Adobe Photoshop software students will learn to process, manipulate and improve digital images. Images will be prepared for presentation on the web, projection and in print.

### **Financial Planning**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

This is a comprehensive personal finance course. Students will learn decision-making skills for dealing successfully with budgets, insurance, bank accounts, employment benefits, investments and savings, credit, comparative shopping, and filing tax returns. They will gain insight into money management and investment strategies through the study of stocks, bonds and other commodities. Students will also participate in financial planning and stock market computer simulations.

### **Graphic Design 1**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

Students will be introduced to graphic design programs that allow you to draw and manipulate artwork, add special effects, apply color, and much, much more. Through the use of these programs students will engage in project based learning.

### **Graphic Design 2**

Length of Class: Semester

Prerequisite: Graphic Design 1

Grade Level(s): 10, 11, 12

Students will continue their exploration of graphic design programs to create more difficult projects for jobs that require print production duplication, advertisements, posters, and other print media.

### **Intro. to Business**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

Students will learn an overview of the world of business during this one semester introductory course. They will learn a brief overview of marketing, finance, management, retail, and more, if they pertain to small business ventures. Students will demonstrate what they have learned through the completion of required projects.

### **Introduction to Programming (Game Design)**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

Course Overview: Interested in programming computer games? Students will use Game Maker to learn the fundamentals of programming while working on 2D computer game projects.

### **Marketing 1 & 2**

Length of Class: Semester/Year

Prerequisite: None

Grade Level(s): 9,10, 11, 12

Students will learn the basic principles of marketing. Students will be introduced to marketing concepts including: selling, advertising and promotion, sports marketing, product creation, new product research, social responsibility, ethics, branding, and more. Students will create marketing materials using a variety of media and software programs. Students will demonstrate what they have learned through completion of projects and assessments.

### **Introduction to Video**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9,10,11,12

Course Overview: Learn how to shoot short digital videos, add audio, and edit the entire production. Student presentations, publishing to online services and class critiques are integrated as part of this project class.

## **Web Design / Web Page Development**

Length of Class: Semester

Prerequisite: Media Computer Applications

Grade Level(s): 9, 10, 11, 12

Students gain hands-on experience with building web pages. Students will learn HTML coding, Dreamweaver and other Adobe CC software programs. Students will use these skills to design and build professional, dynamic web pages. Students will be required to use the Internet for this course.

## **PHYSICAL EDUCATION & HEALTH**

### **Health**

Length of Class: 1 year

Prerequisite: None

Grade Level(s): 9, 10 (elective PE 9-12)

Students learn about physical, mental and social health and are able to use that information to make healthy life choices as teens and throughout adulthood. The following units make up the high school health curriculum:

- Drugs
- Injuries
- Diseases
- Mental, social & emotional health
- Violence & suicide
- Environmental health
- Human sexuality
- Physical activity
- Nutrition
- Other

### **PE**

Length of Class: 1 year required, 1 semester elective

Prerequisite: None

Grade Level(s): 9, 10

Physical Education/Fitness classes are designed to practice and develop skills in activities that will help students maintain fitness throughout their life. We will explore activities designed to improve all areas of physical fitness (cardiorespiratory fitness, flexibility, muscular strength, muscular endurance, and body composition).

Our goal is that by the end of the semester students will improve their fitness and be exposed to a variety of team and individual sports/ activities.

Possible sports include Touch Football, Soccer, Speedball, Badminton, Volleyball, Basketball, Floor Hockey, Team Handball, Softball, Disc Golf, Pickleball, Ultimate Frisbee and Tag games.

Possible fitness activities include Mindfulness, Weight Lifting & Conditioning, Parachute running, Jump ropes, Mini hurdles, Hand-eye coordination, Balance skills, Reaction time & Quickness activities.

## **LANGUAGE ARTS**

### **Argument and Analysis**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9, 10, 11, 12

How can you know whether what you read is true... or what you say is true? Argument & Analysis provides practice with...

- Locating reliable evidence and spotting bad data
- Recognizing good intentions and avoiding manipulation
- Making valid arguments and detecting flawed reasoning

Among the topics covered are fake news, conspiracy theories, logical fallacies and cognitive biases. Students present their ideas through regular discussion as well as formal presentation and debate. The larger purpose of the class is to practice disagreeing without being disagreeable so we can work to make the world a better place and bridge the differences that are dividing us.

### **Creative Writing**

Length of Class: Semester

Prerequisite: None

Grade Level: 9,10,11,12

Creative Writing is an elective course open to all students at Springwater Trail High School. The class is designed to promote proficiency in and enjoyment of all creative forms of writing. Work will focus on skill-based activities to enhance writing ability as well as analysis of exemplary works by established authors; however, the primary focus of the class will be on independent writing and collaborative sharing of creative work. The class will cover the three primary genres of creative writing: poetry, short stories, and creative non-fiction. Major assignments, focusing on skills specific to each genre, will be used for primary assessment. Students will journal regularly to develop and hone their specific writing interests. The semester will end with a reflection-based portfolio presentation of each student's most meaningful work.

### **English 1-2**

Length of Class: Year

Prerequisite: None

Grade Level(s): 9

Language Arts 1/2 offers instruction in reading comprehension, vocabulary acquisition, writing proficiency, and public speaking. Using the year-long theme of "Self-Discovery", students will work through the four literary genres of fiction, nonfiction, poetry and drama in order to improve reading strategies, plot/character analysis, and inference making. Using formal and informal writing assessments, coupled with collaboration and class discussion, students will make connections between the class readings and their own personal development. Writing instruction will focus on both narrative and expository modes, emphasizing idea generation and organization. Grammar instruction focuses on reviewing "the basics" of sentence structure and editing skills. This class follows a proficiency-based grading model.

### **English 3-4**

Length of Class: Year

Prerequisite: English 1-2

Grade Level(s): 10

To get ready for the Smarter Balanced Assessment, students practice supporting their arguments with textual evidence from novels, memoirs and articles. They also write resumes and complete a mock interview assignment to start getting prepared to apply for jobs, colleges and scholarships.

### **English 5-6**

Length of Class: Year  
Prerequisite: English 3-4  
Grade Level(s): 11

Language Arts 5/6 offers advanced instruction in reading comprehension (fiction and nonfiction), writing proficiency, and discussion skills. Primarily relying on American literature, students will focus their thinking around the year-long theme “The American Experience: Re-examining the American Dream”. The class will work through 3 primary texts: Lorraine Hansberry’s *A Raisin in the Sun*, Tim O’Brien’s *The Things They Carried*, and John Krakauer’s *Into the Wild*. Each reading unit will include supplementary nonfiction, poetry, and multimedia. Reading instruction will focus on higher-level inference and analysis as modeled through “close reading” activities, student collaboration, and whole class discussion. Writing instruction will center on research-based expository and persuasive essays. Grammar instruction will be self-paced, occurring once a week. This class uses a proficiency-based grading model.

### **English 7-8**

Length of Class: Year  
Prerequisite: English 5-6  
Grade Level: 12

A rotating selection of novels and memoirs supports conversations about the end of high school and the beginning of the rest of life. Students complete an Extended Application Essay, in which they examine where they’ve been and where they’re going, and many class assignments give students the opportunity to fulfill graduation requirements by demonstrating proficiency in reading and writing.

### **English Strategies**

Length of Class: Year  
Prerequisite: Pre-approval  
Grade Level(s): 9, 10, 11, 12

This course supports students who have reading or writing skills significantly below grade level. Instruction focuses on applying reading and/or writing skills and developing the ability to write in academic formats and real-world scenarios. This class provides specially designed instruction to meet the learning needs of students as a modified English credit toward a Modified Diploma or as an elective credit toward a Standard Diploma. Grading is Pass/No Pass. Enrollment in this course is determined by the IEP team and/or case manager.

### **Film and Culture**

Length of Class: Semester  
Prerequisite: None  
Grade Level: 9,10,11,12

Remember when Brody said “I think you’re gonna need a bigger boat?” Or when Darth Vader uttered those words “I am your Father?” Films are important to us. In this class we will learn what makes some films special, while others, not so much. This class will look at the history of film, and films by viewing and breaking down classic, and not so classic movies considered by many to be works of art. Students will learn about film genres, directing styles, movements in the film industry, as well as deconstruct movies into the language of film to better understand them.

### **Journalism**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

Journalism students produce Springwater Trail’s newspaper and yearbook. Reporters practice the art of news writing, including information gathering, interviewing, organizing information and proofreading. They also gain experience with opinion writing, surveys, photography and page layout.

## **Public Speaking**

Length of Class: Semester

Prerequisite: None

Grade Level(s): 9, 10, 11, 12

The anxiety of public speaking: increased heart rate, dry mouth, sweaty palms and shaking. The doubts: “What if I say something stupid?” “What if I repeat, ‘Um’?” “What if everyone laughs at me?” Public Speaking provides a safe, supportive, informal atmosphere in which to practice speaking to strangers and groups of people. To face your fears, students learn through fun, realistic assignments like calling a restaurant to arrange a reservation, giving a tour of the school and delivering a wedding toast (or roast). This course is great preparation for current or future ambassadors and leadership students.

## **MATHEMATICS**

### **Integrated Math 1 (formerly Algebra 1)**

Length of Class: Year

Prerequisite: None

Grade Level(s): 9,10,11

Course Overview:

Students will use variables and number properties to solve multi-step equations and inequalities. Linear and quadratic functions will be represented as tables, rules, and graphs and used for problem solving. Students will study lines, systems of equations, factoring patterns, polynomials, statistics, and linear and exponential equations and functions. Students will learn how to perform data analysis and linear regression. They will also learn about geometry topics such as simple proofs, congruence, and transformations. This course will prepare students for Integrated Math 2.

### **Integrated 1.5 (formerly Algebra 1.5)**

Length of Class: Year

Prerequisite: Teacher Recommendation

Grade Level(s): 9,10,11,12

Course Overview:

This course is designed as an intermediate step between Integrated Math 1 and Integrated Math 2. Upon successful completion of the course, the students will be ready to move onto Integrated Math 2. This course will cover solving equations, systems of equations, functions, quadratics, exponents, and geometric relationship of angles, parallel lines, transversals, and triangle sums.

### **Integrated 2 (formerly Geometry)**

Length of Class: Year

Prerequisite: A grade of “C” or above in Integrated 1

Grade Level(s): 9,10,11,12

Course Overview:

This is a college preparatory course. Students will expand their understanding of topics such as quadratic, absolute value, and other functions. Students will also explore polynomial equations and factoring, and probability and its applications. Coverage of geometry topics extends to polygon relationships, proofs, similarity, trigonometry, circles, and three-dimensional figures.

### **Integrated 3 (formerly Algebra 2)**

Length of Class: Year

Prerequisite: Teacher Recommendation

Grade Level(s): 10,11,12

Course Overview:

Students will study a variety of advanced algebra concepts. Content for this course includes solving equations and inequalities, solving systems of equations, complex numbers, and factoring quadratic expressions. Additionally, students will study linear, quadratic, logarithmic, absolute value, exponential, rational and polynomial functions.

## Math Strategies

Length of Class: Semester/Year

Prerequisite: None

Grade Level(s): 9,10

Course Overview:

Students in this class have math skills significantly below grade level. Student will develop and maintain math skills in the areas of basic operations, fractions, decimals, percents, problem-solving, and algebraic relationships. This class provides specially designed instruction to meet the learning needs of student you are pursuing a Modified Diploma or may need prerequisite skills for Algebra 1. Grading is Pass/No Pass. Enrollment in this course is determined by the IEP team and/or case manager.

### SAMPLE MATH SEQUENCES

Sequence is subject to change based upon teacher recommendation.

	Sequence A	Sequence B	Sequence C
9th Grade	Integrated 1	Integrated 1	Integrated 2
10th Grade	Integrated 2	Integrated 1.5	Integrated 3
11th Grade	Integrated 3	Integrated 2	Middle College/Online
12th Grade	Middle College/Online	Integrated 3	Middle College/Online

**CALCULATORS ARE REQUIRED IN ALL MATH COURSES!**

Cell phones are not allowed in math classes. All math classes require a Scientific Calculator.

## MUSIC

### World Music

Length of Class: Year

Prerequisite: Instructor Approval, Audition by Arrangement

Grade Level(s): 10,11,12

The World Music Drumming and Marimba Band is based primarily on, but not limited to the music traditions of Africa, South America and the Islands of the Caribbean. This music is taught orally (verbally) and aurally (by listening). Students will learn by teacher demonstration and student imitation. This is primarily a performance-based class. The students will perform at school functions and within the community.

## SCIENCE

### Biology

Length of Class: Year

Prerequisite: 1 year of science

Grade Level(s): 9, 10

In Biology students use science and engineering practices to deepen their understanding of crosscutting concepts that are fundamental to all science and engineering fields. Students will also develop their understanding of the core ideas in biology by trying to figure out answers to the following questions:

- How do organisms live and grow?
- How and why do organisms interact with their environment, and what are the effects of these interactions?
- How are the characteristics of one generation passed to the next? How can individuals of the same species and even siblings have different characteristics?
- What evidence shows that different species are related?

## Earth and Space Science

Length of Class: Year  
Prerequisite: none  
Grade Level(s): 9,10

In Earth and Space Science students use science and engineering practices to deepen their understanding of crosscutting concepts that are fundamental to all science and engineering fields. Students will also develop their understanding of the core ideas in earth and space science by trying to figure out answers to the following questions:

- What is the universe, and what is Earth's place in it?
- How and why is Earth constantly changing?
- How do Earth's surface processes and human activities affect each other?

## Environmental Science

Length of Class: Year  
Prerequisite: Biology  
Grade Level(s): 11,12

The overarching goal of this course is to build proficiency in our understanding of the complex interactions between society and the environment. In the classroom, we will use systems theory to examine the ecology of aquatic and terrestrial ecosystems while analyzing how resource conservation supports our sustainable existence on earth. In the garden, we will utilize permaculture principles to learn effective methods of environmental stewardship, manage the site's organic fruit and vegetable production, and develop a deeper understanding of the environmental effects of our eating habits. Outside of class, we will continue to advance STHS's Oregon Green School status by promoting the tenets of sustainability ("reduce, reuse, recycle") to the larger student body, managing the school-wide composting program, and crafting new projects to make our building more environmentally friendly. Throughout these three class components, we will begin to re-evaluate our assumptions about the interplay between the "natural" and "man-made" world. Students should expect to work hard, get messy, think critically, and collaborate effectively.

## Physical Science

Length of Class: Year  
Prerequisite: None  
Grade Level(s): 11 or 12

In Physical Science (chemistry and physics) students use science and engineering **practices** to deepen their understanding of **crosscutting concepts** that are fundamental to all science and engineering fields. Students will also develop their understanding of the **core ideas** in physical science by trying to figure out answers to the following questions:

- How can one explain the structure, properties, and interactions of matter?
- How can one explain and predict interactions between objects and within systems of objects?
- How is energy transferred and conserved?
- How are waves used to transfer energy and send and store information?

**Four years of science are recommended for entering a university, three years for community college or technical schools, and three years mandatory for graduation. College-bound students should complete both Physical Science and Environmental Science (or complete Science courses through Middle College).**

## WORLD LANGUAGE

### Spanish 1-2

Length of Class: Year  
Prerequisite: None  
Grade Level(s): 9,10,11,12

Students will develop some proficiency in the four language skills of listening, speaking, reading, and writing, especially involving personal information and daily routine. Students will enhance their understanding and appreciation of cultural diversity, begin to make connections to other subjects such as geography and history. They will apply analytical skills to discover grammar patterns and relationships between Spanish and English.

### **Spanish 3-4**

Length of Class: Year  
Prerequisite: Spanish 1,2  
Grade Level(s): 10,11,12

The students increase their proficiency in the four language skills of listening, speaking, reading, and writing. Students will add to their vocabulary and learn more time frames, expanding the types of life situations in which they can use Spanish. They will enhance their understanding and appreciation of cultural diversity, continue to make connections between the Spanish language and culture and their knowledge of other subjects such as geography and history. They will further develop insight into the nature and structure of language and divergent ways of viewing the world.

## **SOCIAL STUDIES**

### **American Government**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 11

The goal of the Government course is to help students acquire the knowledge necessary to be active participants in American society. This course assists students in becoming aware of their roles as citizens and helps them evaluate public issues, make informed judgments, and provide an understanding of how a person's values affect their decision-making process. Students acquire knowledge of how citizens have in the past, now and in the future, directly and indirectly interact with the public policy processes.

### **Ancient Greece**

Length of Class: Year  
Prerequisite: None (Elective credit)  
Grade Levels: 9, 10, 11, 12

Through discussions of writings old and new, this class draws connections between our world today and the mythology, history and philosophy of the ancients.

### **Economics**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 11

The goal of the economics course is for the student to demonstrate an understanding of basic economic concepts. Students become familiar with the economic system of the United States and how it operates. They also explore the roles of various components of the American economic system. Students examine their roles as consumer, worker, investor and voting citizen. Topics of discussion include the stock market, comparative economic systems, supply/demand and the impact of political and social decisions on the economy.

### **Global Perspectives**

Length of Class: Year  
Prerequisite: None  
Grade Level(s): 12

Taking a look at the world as a whole, the Global Perspectives class gives students the opportunity to analyze both current and historical world events in order to better understand the world around them. The focus of this class is student generated research involving a wide variety of topics (dependent upon current events) that take place outside the sphere of the United States. The U.S role in world affairs will be discussed in detail, however, along with extensive coverage of geography standards to give the students a better sense of their place in the world

### **Leadership**

Length of Class: Year  
Prerequisite: Staff Review & Approval  
Grade Levels: 9, 10, 11, 12

When Springwater Ambassadors aren't taking a leading role in planning and leading school events, they're debating social issues and thinking seriously about what they want from life after high school and how they can make that happen.

### **Psychology**

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 9,10,11,12

Psychology is an elective class for students interested in broadening their understanding and experience in the social sciences. The class is intended as a survey of some of the fundamental topics of the behavioral sciences and to stimulate interest in this field of study. Students will learn about human behavior as it relates to development, personality, thinking, emotion, stress, mental illness, and therapy. Emphasis will be on the relevance of these topics to the current and future life of the student. Students participate in debates, discussions, simulations, and experiments. Students will be expected to complete regular reading and homework assignments.

### **US History**

Length of Class: Year  
Prerequisite: None  
Grade Level(s): 10

Students will analyze the causes and consequences of the Industrial Revolution and America's growing role in diplomatic relations. Students will study the goals and accomplishments of the Progressive movement, the role the U.S. played in WWI and the various attitudes towards life in the 1920's. Students will also learn the causes of the Great Depression and the subsequent goals of the New Deal. A unit will be devoted to learn about the various factors that led to America's entry into WWII, as well as the consequences of WWII on American life. Finally, students will study the causes and course of the Cold War, important economic and political changes during the Cold War, including the Civil Rights Movement, and the recent events and trends that have shaped modern-day America.

## ***PROGRAMS FOR JUNIORS AND SENIORS***

### **Mount Hood Community College - Middle College**

Length of class : Year Long  
Prerequisite: Instructor Approval- application process required  
Grade Level(s): 11,12

Please refer to the section in this catalog for specific information regarding the programs available at MHCC Middle College

### **CAL (Center for Advanced Learning) Classes**

Length of Class: Year Long  
Prerequisite: Instructor Approval- application process required  
Grade Level(s): 11,12

Please refer to the section in this catalog for specific information regarding the programs available at the Center for Advanced Learning.

## **SPECIAL PROGRAMS AND OTHER ELECTIVES**

All community-based courses require students to apply by submitting an application to the Counselor. Transportation and approval by the Counselor must be in place prior to earning credit for these various experiences. Students must be able to provide their own transportation to off-campus experiences with the exception of Hogan Cedars cadet teaching and teacher assistant.

### **AVID Tutor**

Length of Class: Semester/Year  
Prerequisite: Instructor Approval  
Grade Level(s): 12

Students will provide support for the AVID Program at Dexter McCarty Middle School. Duties include tutoring small groups of students, leading AVID lessons and utilizing AVID strategies in the classroom. A wonderful opportunity for those students interested in pursuing a career in education or social services.

**Special Requirements:** Students must meet the following criteria in order to participate: 1. Completion and submission of the AVID tutor application 2. Approval and selection by the Dexter McCarty Administration and Springwater Trail High School. Students must arrange their own transportation. Good attendance is a must.

### **Cadet Teaching**

Length of Class: Semester  
Prerequisite: Instructor Approval  
Grade Level(s): 10, 11,12

Students will work with a teacher at STHS or another GBSD school and participate in duties that are part of the teaching profession. These courses are designed for individuals considering education as a career choice. Daily journal entries, 6 week reflections and three mini lessons are required for the class, which is graded A-F. This class can be repeated three times.

**Special Requirements:** Students must meet the following criteria in order to participate: 1. approval of their supervising teacher 2. 3.0 GPA 3. completion and submission of a Cadet Teaching application to the counselor. Students must arrange their own transportation. Good attendance is a must.

### **Community Service**

Length of Class: Semester  
Prerequisite: Instructor Approval  
Grade Level(s): 10,11,12

This course demands responsibility and commitment and requires students to participate actively in, and contribute to, the welfare of their community. Monthly time sheets and a positive, written recommendation from the volunteer site mentor/supervisor is required for the class, which is graded Pass/Fail. Students working 100 hours will earn .5 credit. Partial credit is awarded to students completing less than 100 hours.

### **Drivers/Traffic Safety Education**

Driver Education teaches young drivers about their role in the Highway Transportation System. Students learn proper driving attitudes as well as decision making essential for safe and skillful driving. Students will also learn an organized, thinking/doing process to help them become safe, responsible drivers. Springwater Trail does not offer Driver Education but classes are taught at Sam Barlow High School by [www.oregondrivertraining.com](http://www.oregondrivertraining.com). Please call them at 503-225-0770 if you have any questions. Flyers can be obtained in the office.

### **Early Dismissal/Late Arrival/Release Period**

Length of Class: Semester  
Prerequisite: Counselor Approval  
Grade Level(s): 11, 12

Seniors who are on track to earn enough credits to graduate may apply for Early Dismissal (1st period) and/or Late Arrival (7th period) in order to reduce the length of their school day. Seniors must enroll in at least four classes each semester.

## Internship

Internship is an unpaid work experience. It allows students to explore a career area by “working” 5-6 hours per week (100 hours per semester). The student will develop good work habits, help make realistic career decisions and gain valuable work experience. Internships are scheduled during early dismissal periods outside of the school day. This class can be taken more than once.

**Special Requirements:** After acceptance into the program, the student will be expected to complete monthly timesheets and will be evaluated by their work site supervisor at the end of the semester. Students must provide their own transportation. Students must document their work as a Career Related Learning Experience.

## Learning Essentials: Study Skills

Length of Class: Year  
Prerequisite: Recommendation from IEP Team or Case manager  
Grade Level(s): 9, 10, 11, 12

This course supports students by focusing on study skills and essential skills needed to be successful in college and careers. Students will continue to develop and maintain their organizational skills through direct instruction and tutorial support. Additionally, they will participate in transition-oriented curriculum to assist them with career exploration and post-secondary planning and beyond. May be repeated for credit. Grading is Pass/No Pass.

## National Career Readiness Certification

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 10, 11, 12 (priority given to 11th and 12th graders)

Regardless of the career field, finding a job today is a competitive process. The *National Career Readiness Certificate* is used by employers across the country to screen applicants and ensure they meet the minimum job requirements. This course will prepare you for the 3 National Career Readiness Certificate Tests: *Reading For Information*, *Applied Mathematics*, and *Locating Information*. Students who complete the course will earn a *National Career Readiness Certificate* at the Bronze, Silver, Gold, or Platinum Level. A score of “5” or higher on the *Reading For Information* or *Applied Mathematics* Test also meets Oregon’s Essential Skill requirement in that content area.

## Office Aide

Length of Class: Semester  
Prerequisite: Instructor Approval  
Grade Level(s): 11,12

This class is designed to support students who wish to work in the main office. Regular attendance and a strong work ethic are key to success.

## Teacher Aide

Length of Class: Semester  
Prerequisite: None  
Grade Level(s): 10, 11,12

This class is designed for students who wish to work with a teacher at Springwater Trail. Regular attendance and a strong work ethic are key to success. All teachers aides grades will be on a Pass/No Pass basis; teacher aides will receive .5 credits per semester; students must have permission from a teacher in order to be an aide. Students may take only 1 aide class per semester.

## Work Experience

Length of Class: Semester  
Prerequisite: Instructor Approval  
Grade Level(s): 10,11,12

Students can earn credit in a supervised work experience. The work experience must be related to a career area of interest. All work sites must be approved by the teacher prior to acceptance into the program. Students will be expected to demonstrate punctuality, good communication skills, cooperation and teamwork, work a minimum of 100 hours per semester (5-6 hours per week) and turn in monthly timesheets. The student’s work site supervisor will evaluate the student’s performance at the end of the semester. Students must provide their own transportation.